

CAM BENEFITS

CHIROPRACTIC AND ACUPUNCTURE COVERAGE



Complementary and Alternative Medicine (CAM) is covered as part of your WHA plan. This benefit allows medically necessary acupuncture and chiropractic care provided through Landmark Healthplan of California, Inc.

As part of your WHA medical plan:

- \$15 copayment per visit
- PCP referral is not required to receive covered services
- Chiropractic care — up to 20 medically necessary visits per year

ACUPUNCTURE BENEFIT: Covers treatment of pain related to acute neuromusculoskeletal conditions such as dysfunction of the neck, back or joints, headaches, carpal tunnel, arthritis, allergies and asthma. Acupuncture services must be authorized. Typically covered acupuncture services include:

- Evaluation
- Manual stimulation
- Electroacupuncture
- Moxibustion
- Acupressure
- Cupping

CHIROPRACTIC BENEFIT: Covers treatment of pain related to acute neuromusculoskeletal conditions such as low back pain, sprains and strains, headaches, neck pain and muscle spasms. Chiropractic services must be authorized. Typically covered chiropractic services include:

- History
- Conjunctive physiotherapy
- Examination
- X-rays
- Manipulation

Note: This information is a summary of the highlights about your acupuncture and chiropractic coverage. For complete benefit information, refer to your Combined Evidence of Coverage and Disclosure Form and Schedule of Benefits for Landmark Healthplan of California, Inc. on the WHA website at mywha.org.



FIND A PROVIDER

LANDMARK HEALTHPLAN OF CALIFORNIA, INC.
Member Services Department
call 800.298.4875 | visit lhp-ca.com

Call Landmark Healthplan or visit their website to locate a participating practitioner in your area.