

CITY OF SACRAMENTO



**Volunteer  
Program**

August 2020 Newsletter

Visit City of Sacramento Volunteer Program Website

[Website](#)

An abstract, colorful painting with various brushstrokes in red, blue, yellow, and white, creating a vibrant and textured background.

# **AUGUST NEWSLETTER**

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[WWW.SACVOLUNTEERS.ORG](http://WWW.SACVOLUNTEERS.ORG)

Featured Article

# FREE MEALS FOR SENIORS



## Great Plates Delivered

Great Plates Delivered Volunteers - Help deliver restaurant prepared food to home-bound seniors. Volunteers will ride with a driver from Paratransit, United Cerebral Palsy or RT and will disembark from the bus to carry meals to the door of seniors' residences. The volunteer will knock and drop the meals and return to the bus to ride to the next location. Scheduled deliveries will be done 5 days a week (Monday - Friday) during the daytime. Volunteers need to be between 18-64, in good health, willing to follow safety instructions, and willing to wear personal protective masks and gloves.

Schedules will be daily from 9:30 am to 2:30 pm and 2:30 pm to 4:30 pm. This program will continue through August. [Please apply online](#)



## Donations

Public, private, labor and nonprofit leaders throughout the Sacramento region have joined forces to raise both awareness of what we as a community are confronting and resources that will be dedicated to help vulnerable populations and small businesses.

The goal is to raise \$1.5 million in private contributions to support the City of Sacramento's \$1.5 million investment. The mission is to ensure families, individuals and businesses receive assistance for essential supplies, food, rent, utilities and other needs. In short, the plan is to do what Sacramentans always do in times of crisis – pull together and demonstrate the incredible power of a community that cares for all of its members. To help support your community visit [Donate4Sacramento](#)



## Supporting the Community

Although most volunteer opportunities with the City of Sacramento and it's partners are paused at this time, here are some community opportunities available:

Support Food Banks and Other Services Locally:  
[Hands on Sacramento/Emergency Volunteer Center](#)



## Sacramento Parks Volunteer Opportunities

## City of Sacramento Parks

The City of Sacramento's Parks Department is always looking for additional volunteers to help with mulching fruit trees, weeding vacant plots & pathways, planting fruit trees and composting. Shifts run Monday - Friday, 6:00 AM - 2:30 PM.

Group volunteering opportunities are also available on weekends in advance. [Apply today!](#)

## Front Street Animal Shelter

We are so happy to announce that we are slowly opening more volunteer shifts at the Front Street Animal Shelter. It is critical that all volunteers wear masks while volunteering, wash their hands frequently and maintain social distancing. No walk-in volunteers are allowed - you must sign up in advance [here](#).

## FRONT STREET ANIMAL SHELTER

**New volunteering shifts available for  
sign up!**





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