Run to feed the hungry will be hosted virtually on Thanksgiving morning - Thursday, November 26, 2020. This new platform will give those who have not had a chance to participate in the race before, an opportunity to do so. The importance of continuing this race is paramount to SFBFS as an organization – to be able to keep the Sacramento community fed and their general operations sustainable. Due to increasing unemployment rates and school closures, this crisis has created an environment where even more Sacramentans are suffering from hunger than ever before. It has also stretched SFBFS’ resources to its limits. SFBFS is being approached by agencies, school districts, families, seniors, and individuals who have never needed to utilize a food program before. 32 million pounds of food have already been distributed this year - a jump from the 28 million pounds distributed in 2019. SFBFS is currently feeding over 300,000 hungry people per month (a 100% increase in output since the pandemic began). Please consider signing up as a virtual participant. Your participation ensures SFBFS’ survival. By registering, you will receive your participant tee shirt and custom bib number. For those avid runners who would like to record their time, there will be an opportunity to submit results online through an official results page listed on runtofeedthehungry.com. Remember, every $1 you give to SFBFS, purchases five meals for a family in need. For more information, visit: http://www.runtofeedthehungry.com/
Great Plates Delivered Volunteers - Help deliver restaurant prepared food to home-bound seniors. Volunteers will ride with a driver from Paratransit, United Cerebral Palsy or RT and will disembark from the bus to carry meals to the door of seniors' residences. The volunteer will knock and drop the meals and return to the bus to ride to the next location. Scheduled deliveries will be done 5 days a week (Monday - Friday) during the daytime. Volunteers need to be between 18-64, in good health, willing to follow safety instructions, and willing to wear personal protective masks and gloves. Schedules will be daily from 9:30 am to 2:30 pm and 2:30 pm to 4:30 pm. This program will continue through August. Please apply online at https://bit.ly/2RPPkoZ

Great Plates Delivered Container Distribution

Great Plates Delivered is also looking for volunteers to assist with their monthly container distributions. Help depalletize, move and sort boxes of incoming supplies for the program. Volunteers are needed November 5th and 6th from 7:30 AM - 12:00 PM. Apply on the same site as the Great Plates Delivered Program to join the team! https://bit.ly/2RPPkoZ
Riding for Tidings
Making Spirits Cozy & Bright

F R O N T S T R E E T A N I M A L S H E L T E R

The Front Street Animal Shelter is always looking for volunteers who want to help our animals find their new forever homes. We couldn’t do it without our committed volunteers! You can be involved in a variety of different ways: helping with morning cleaning, the pet food pantry, training the dogs, socializing the cats, fostering animals, special projects, fundraisers and events, and much more! We have two basic types of volunteers - In-shelter volunteers, and Foster-care volunteers. To learn more, visit: http://www.cityofsacramento.org/CommunityDevelopment/Animal-Care/Volunteer

R I D I N G F O R T I D I N G S

2020 has been a challenging year for so many of our friends and neighbors. Paratransit, Inc. has been fortunate enough to work with many great local service providers to help support local residents who need assistance such as the Great Plates Delivered program and boxed meal distributions with Sacramento Food Bank and Family Services while sheltering in place during COVID-19. The team at Paratransit felt inspired to come up with new means to help spread cheer during this holiday season. Riding for Tidings was created to collect items that will bring warmth and coziness right into the homes of local seniors who may be experiencing feelings of isolation and confinement during the pandemic. From 9/28/20 - 11/30/20, we will be collecting donation items and delivering special care packages to area seniors in early December. Items for donation can be dropped off at 2501 Florin Road, Sacramento between the hours of 9am - 4pm, Monday - Friday, or at one of our partner sites which can be found at ridingfortidings.org.
RIVER CITY FOOD BANK

River City Food Bank is seeking volunteers for emergency food distribution on Fridays at the Center at St. Matthew’s (2300 Edison Ave.). Volunteers shifts are 2, 4, or 6 hours from 8:30 am to 2:30 pm. Volunteer tasks include preparing boxes and bags, assembling food items in boxes/bags, un/loading trucks, sorting food, distributing food to families and assisting families with their groceries. Volunteers are required to wear closed-toe shoes and a face mask. If you do not have one, one can be provided to you. Your assistance with the program helps serve 300-350 households, the equivalent of 1,500 people! For more information, visit: https://rivercityfoodbank.org/ or email emcguire@cityofsacramento.org to sign up for shifts.

SACRAMENTO FOOD BANK

The Sacramento Food Bank is in need of volunteers for their food distributions every Friday at Hiram Johnson High School (located at 6879 14th avenue) from 9:00 AM - 11:00 AM. Help package food items and deliver the meals straight to those in need. For more information about the Sacramento Food Bank’s Run to Feed the Hungry and food distribution volunteer opportunities, please visit: https://www.sacramentofoodbank.org/
**Youth Action Corps**

Councilmember Ashby established the Youth Action Corps (Parks Leadership Academy for Youth (PLAY) and The Youth Crew) in District 1. YAC engages youth in park cleanups, Events such as; festivals, Movies in the Park, First Fridays, Santa in Natomas, Helicopter Easter Egg Drop, the completion of class projects, provides leadership opportunities, employment preparation workshops, financial literacy classes, and youth symposiums. YAC participants are connected directly with job and internship opportunities. The YAC program has received statewide recognition for its efforts in engaging youth across the Natomas community to apply, visit: https://www.angeliqueashby.com/youth-action-corps

**Youth Link**

Sacramento Youth - This one's for you! Check out Youth Link Sacramento for a "one-stop shop" for resources, programs, services and online support for young people. Youth Link has two main goals to best serve you and your family. As the community need for Goal 1 decreases, Goal 2 will ramp up: Goal #1: We will strive to promote virtual Sacramento youth programs and activities, as well as COVID-19 resources for youth and the adult allies that support them Goal #2: We will lift up Sacramento youth organizations to help make their services easier to locate, so that youth and their communities can come together stronger. Youthlinksac.org