

## Painted Rainbow Toast - Bread painting using edible paint!



### Rainbow toast supplies:

- Bread
- Milk
- Food coloring
- New paintbrushes

We love using [wilton color gel](#) food coloring. These gels make lovely bright colors and you only need to use a tiny bit.

### How to make edible paint for rainbow bread painting

To make edible milk paint begin by pouring a small amount of milk into several bowls. Add a tiny amount of food coloring to each bowl and stir. To make rainbow toast you will need to mix up a selection of bright rainbow colors.

That's it!!!! You are now ready to start making your painted toast!

## Rainbow Painted Toast Activity

Once you have made your edible paint from milk and food coloring set it out on a table with a new paint brush for each color. Make sure that you don't use paintbrushes that have previously been used for painting.

Place a piece of bread on a plate and invite your child to come and do some bread painting! They can really use their imaginations. They could paint a rainbow, add dots, make marks or do a design of their own.



When you have finished painting your rainbow designs pop your bread into the toaster for a minute or two and your painted rainbow toast is ready for eating!

When toasting check every 30 seconds or so to check it is not burning.

We have done this activity so many times and it always makes the kids smile. At aged 3 when we did this painted toast activity for the first time Harry excitedly told me the rainbow tasted yummy! Its amazing how adding bit of color can make bread suddenly seem exciting! What exciting rainbow designs will you come up with?