



3-Ingredient **Puffy Paint**



You know I LOVE homemade paint recipes and easy science activities. Homemade puffy paint fits the bill perfectly!

Puffy paint is an easy and inexpensive alternative to buying store bought puffy paint for your kiddos. It's fun to paint and create with, and the best part is watching your artwork puff right up when you place it in the microwave!

HOMEMADE PUFFY PAINT INGREDIENTS:

- 1 tbsp self-rising flour (see note below to make your own)
- food coloring in the colors of your choice
- 1 tbsp salt
- little bit of water (start with 1/4 tsp per color)

HOW TO MAKE SELF-RISING FLOUR

If you don't have self-rising flour, you can make your own by mixing together the following ingredients.

- 1 cup all purpose flour
- 1 and 1/2 tsp baking powder
- 1/4 tsp salt

HOW TO MAKE HOMEMADE PUFFY PAINT

1. Combine your flour and salt in a small bowl.
2. Add a little bit of water and stir until you get a smooth, thin paste (about the same consistency of stirred yogurt).
3. Add your food coloring, and mix well.



Get some sturdy cardstock or thin cardboard, and some paintbrushes or q-tips, and get creating!

MAGICALLY TRANSFORM IT IN YOUR MICROWAVE:

Now for the science!

When you're happy with your masterpiece, pop it into the microwave for 30 seconds and watch your painting puff up!

Your artwork will be warm when you remove it from the microwave, but it will be completely set.

