

*City of Sacramento  
Neighborhood*

**WALK**

*It's a short walk to better health!*

*City of*  
**SACRAMENTO**

Youth, Parks, & Community Enrichment

**Tuesdays and Thursdays**  
**9 AM - 10 AM**

**South Natomas Community Center**  
**2921 Truxel Road**  
**Sacramento, CA 95833**

Check in at center's lobby and join your **50+** neighbors for a healthy **one hour** walk. Membership is required.

To register call 916-808-1571

First Thursday of the month, walk with  
Councilmember Karina Talamantes

COUNCILMEMBER   
**KARINA**  
**TALAMANTES**  
— CITY OF SACRAMENTO