

City of Sacramento
Neighborhood

WALK

It's a short walk to better health!

Kick Off!

FREE!

South Natomas Community Center

October 26, 2021 @ 9:00am

A new walking group for **50+ adults** will meet:
Tuesdays and Thursdays at 9:00am.

Join your neighbors for a healthy walk led by
City of Sacramento's Older Adult Services staff!

Join us for refreshments, prizes and our first walk together on
October 26th as we kick off this exciting new opportunity.