

ADULT/SENIOR ACTIVITIES

START A HOME GARDEN

WHAT YOU'LL NEED:

- Some dried seeds - Save some from an apple, orange, or other fruit you have at home
- A container - it can be a mason jar, planter, or anything that can hold your growing plant
- Soil - enough to fill your container of choice
- Water and a sunny spot
- Patience

HOW TO:

Fill up your container with soil. With your finger make a small shallow hole in the dirt. Add a few seeds to the hole you made and refill the rest of the hole with soil. Water once a day and leave in a sunny spot in your home. In a couple weeks you'll have a seedling ready to be planted in an outdoor garden.

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