

ADULT/SENIOR ACTIVITIES

Diy Ice Cream

What you'll need:

- ½ cup whole milk
- ½ cup cream
- ¼ cup sugar
- ½ teaspoon vanilla extract
- 1 cup rock salt
- Ice
- 1 large & 1 medium zip lock bag
- A towel

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How to:

Place milk, cream, sugar & vanilla in your medium zip lock bag. Seal and shake until thoroughly combined. Add ice & rock salt to your large zip lock bag & combine. Place your medium bag mixture into your bag with the ice & rock salt. Make sure both bags are sealed, wrap them in your towel and shake for 5 minutes or until the cream begins to solidify. Enjoy!

