What you’ll need:
- A white t-shirt
- Fabric dye
- Rubber bands
- Water
- Gloves

How to:
Dampen your t-shirt and squeeze out any extra water. Lay the shirt out on a flat surface. Pinch the center and twist your t-shirt in a spiral. Use your rubber bands to tie your spiral in place and divide your t-shirt into sections. Put on your gloves before using any fabric dye. Saturate sections of your fabric with different colors turning the shirt over to dye the back. Let your shirt dry for 12-24 hours. Wash and enjoy!

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