Summer Program Registration is now open!

There are multiple ways to register:

**Online**
Visit [https://apm.activecommunities.com/cityofsacparksandrec](https://apm.activecommunities.com/cityofsacparksandrec)

**In Person**
At any of our Community Centers! Please call individual Center for hours of operation and types of payment accepted.

The City of Sacramento Department of Youth, Parks, and Community Enrichment offers three convenient ways to enroll in programs! Registrations are not accepted at program sites and are at a first come, first serve basis. So please login, mail in, or come in and see us to register now.

**Contact Us**

<table>
<thead>
<tr>
<th>General Department Information</th>
<th>916-808-5200</th>
<th>9151 Street, Third Floor Sacramento, CA 95814</th>
</tr>
</thead>
<tbody>
<tr>
<td>Park Permits &amp; Reservations</td>
<td>916-808-6060</td>
<td>4623 T Street, Suite B Sacramento, CA 95819</td>
</tr>
</tbody>
</table>

This publication is the seasonal program directory of the Department of Youth, Parks, and Community Enrichment. Although this publication was prepared on the basis of the best information available at the time, all information including locations, dates, times, fees, etc. are subject to change without notice.

**YPCE Executive Team**

<table>
<thead>
<tr>
<th>Mario Lara</th>
<th>Director</th>
<th>Rita Gallardo Good</th>
<th>Mayoral - Kylie Huang</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shannon Brown</td>
<td>Assistant Director</td>
<td>Sumiti Mehta</td>
<td>Mayoral - Yashar Yisrael</td>
</tr>
<tr>
<td>Tony Ulep</td>
<td>Park Maintenance Manager</td>
<td>Eugene Loew</td>
<td>Mayoral - Jordan Burkart</td>
</tr>
<tr>
<td>Raymond Costantino</td>
<td>PPDS Manager</td>
<td>David Guerrero</td>
<td>District 1 Emily Kawada &amp; Malaika Nazir</td>
</tr>
<tr>
<td>Jackie Beecham</td>
<td>Community Enrichment Division Manager</td>
<td>Kai Hermann</td>
<td>District 2 Vice Chair - Erika Charlie Galvez</td>
</tr>
<tr>
<td>Monica Bianco</td>
<td>Youth Division Manager</td>
<td>Joe Flores</td>
<td>District 2 Seat D: VACANT</td>
</tr>
</tbody>
</table>

| District 6 Victoria Vasquez | District 3 Valerie Romo Gonzalez |
| District 7 Devin Lavelle   | District 3 Reagan Mar |
| District 8 Jeanine Gaines  | District 4 Isabelle Kim |
| Mayor Asst. Rita Gallardo Good | District 4 Sarina Rye |
| At large Jason Law         | District 5 Patrick Hsu |
| At large Terri Kletzman    | District 5 Seat J: VACANT |

**Sacramento Youth Commission**

<table>
<thead>
<tr>
<th>District 5 Metzli Lemus</th>
</tr>
</thead>
<tbody>
<tr>
<td>District 6 Seat K: Chair - Naomi Piper-Pell</td>
</tr>
<tr>
<td>District 6 Abraham Francis</td>
</tr>
<tr>
<td>District 7 Michelle Erickson</td>
</tr>
<tr>
<td>District 7: Vacant</td>
</tr>
<tr>
<td>District 8: Tyson Person</td>
</tr>
<tr>
<td>District 8: Cassandra Medina</td>
</tr>
</tbody>
</table>

**Access for All**

The City of Sacramento Department of Youth, Parks, and Community Enrichment believes that all individuals should be provided with leisure opportunities that allow for performance at their highest level of ability. We welcome people with disabilities into our recreation programs through specialized programs and inclusion opportunities. We will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination of programs, services, and activities for individuals with disabilities. In order to best accommodate your individual needs we ask that you let us know of any accommodations needed at the time of registration and/or at least 48 hours in advance of a program. For further information on accommodation requests, contact Jenny Yarrow, jyarrow@cityofsacramento.org, 916-808-6017. 711 California Relay Service (which is also capable of handling TTY calls) is also available. The 711 service is available for those calling from within California.

“Like” us on Facebook!
[www.facebook.com/YouthParksCommunityEnrichment/](http://www.facebook.com/YouthParksCommunityEnrichment/)
COME OUT & PLAY ALL SUMMER

Table of Contents

Access Leisure ............... 21-22
Aquatics ........................... 10-17
Community Centers .......... 8-9
Belle Cooleadge CC .................. 6
Coloma CC .............................. 6
Evelyn Morre CC ..................... 6
Southside CH ......................... 6
George Sim CC ....................... 7
Joe Mims Jr. Hagginwood CC ... 7
Oak Park CC ............................ 7
Sam and Bonnie Pannell CC ...... 7
South Natomas CC ................. 7
Older Adult Services ...... 23-25
Hart Senior Center Courses .... 23-24
Triple – R Adult Day Center ...... 25
Trips & Tours ..................... 26-27
Youth and Teens ................. 18-20
YPCE News ......................... 4-7
As we approach the summer of 2021, this is the perfect time to reflect upon how far Youth Division programs have come in the last year – during unprecedented times and under extraordinary circumstances.

Summer 2020 was full of ever-changing public health orders, implementing updated COVID-19 mitigation plans and overall, unknown territory. Programs looked different than they had in the past. What remained the same was the relationships. Staff that program participants had positive relationships with were still there. Staff that parents knew and trusted were still there keeping their children safe. Despite all the challenges and constantly changing public health guidelines, programs ran safely. Participants had fun. They learned new skills. Some even earned paychecks!

Fall 2020 brought us a new school year and distance learning. The continued challenges of distance learning created an opportunity to use CARES funding for a program to support students and families -- Sac CLASS (Childcare Learning and Student Support). To date, this program has served approximately 200 kindergarten through sixth grade students that have been disproportionately impacted by the pandemic in the following school districts: Sacramento City, Twin Rivers, and Robla. This high priority program located at four community centers provides in-person academic support and academic enrichment to families, at no charge. Sac CLASS enabled the reassignment of staff displaced when other programs were halted due to public health orders. Fortunately, several programs were able to fall back into regularly scheduled programming. The 4th “R” program reopened several licensed childcare sites in the Natomas Unified School District, and the Landscape & Learning program employed 108 Youth Aides who kept parks and storm drains cleared of fallen leaves and debris.
Spring typically is a time to plant seeds and prepare for growth. Spring 2021 is no different. Program staff have been busy attending various trainings to sharpen skills and strengthen participant experiences. Approximately 100 department staff have completed Youth Program Quality Assessment training and have implemented quality standards. A cohort of youth development staff are currently attending a Youth Development Institute facilitator training, learning and practicing facilitation techniques while demonstrating their knowledge and skills of the Youth Development Framework for Practice. Upon completion of the series, staff will become Certified YDI Facilitators. Returning youth from the 2020 Summer at Virtual City Hall program are attending a series of workshops preparing them to be skilled mentors for incoming Summer 2021 participants. Lastly, members of the Sacramento Youth Commission will soon be attending a one-day retreat focusing on building skills to be successful commissioners and community leaders.

Programs are also planting seeds for growth this spring. Since Summer 2020, the Prime Time Teen work-readiness training program has graduated 352 young people ages 13-17. Each participant earned $300 for a total youth investment of $105,600! The WIOA (Workforce Innovation & Opportunity Act) work-based learning program is graduating 14 high school seniors who traditionally experience academic and employment barriers. Participants from both programs have continued their learning through virtual programming opportunities and are now job and college ready. This spring also saw the return of Expanded Learning programs to school sites in Robla and Twin Rivers Unified School Districts.

With Summer 2021 right around the corner, and the anticipation of the state fully reopening June 15th, you can expect to see the return of Junior Giants and skate camps at various skate parks throughout Sacramento. The 28th & B Skate & Urban Art Park is currently experiencing park upgrades with Measure U funding and is tentatively rescheduled to reopen August 1st. Also returning this summer are Summer Oasis outdoor camps, 4th “R” in Natomas and Twin Rivers Unified School Districts, Prime Time Teen Virtually Connected, Landscape & Learning, WIOA, and Summer @ Virtual City Hall.

By continuing to deliver programming throughout the pandemic, young people have demonstrated positive outcomes including academic success, increased mental wellness, social and emotional learning, financial literacy, strengthened relationships, and gained leadership skills.

Please check out the Come Out & Play program listings for more detailed information. We hope to see you this summer!
YPCE NEWS

Oki Park Playground Renovation

Improvements include replacing the existing playground equipment with new children's dinosaur exploration-themed playground equipment, a 4-wheel vehicle, 2-seat seesaw, belt, ADA and tot swings, wood fiber playground surfacing, replacement of the playground access ramp and two tubular steel entry gates, and planting shade trees.
Announcing our new Come Out & Play Card

Big News! We have officially launched our FREE Come Out & Play card! It only takes a few minutes to setup and there is something fun for everyone. The Come Out & Play card will work hand in hand with our magazine. If you are interested in exploring activities all around Sacramento, taking classes (in-person and virtual) and registering for seasonal activities like summer camp and aquatics - then the Come Out & Play card will be perfect for you! Follow these 3 simple steps to get started. Click on the flyer to be taken to our website.

Are you interested in...
• In-person or virtual classes?
• Fun activities like summer camp, aquatics, or sports?
• Staying up-to-date with YPCE news?

Follow these 3 Steps to access your FREE Come Out & Play Card!

1. Visit our website and click ‘Register Here.’
   CityofSacramento.org/ParksandRec

2. Select ‘Sign in/up’ and set up your account.
   Answer all setup questions such as name, age, etc.

3. Verify your account and pick your membership type.
   A confirmation will be sent to your email. Click ‘Activate now’ and select what membership you’d like.

YOU’RE READY TO USE YOUR COME OUT & PLAY CARD! HAVE FUN!
COLOMA COMMUNITY CENTER

4623 T St
Sacramento, CA 95819
(916) 808-6060

Hours of Operation:
M-F 9am-8pm
Sa 10am-3pm
(open until 9pm for Leisure Enrichment Classes)

Reservation Office Hours: M-F 9am-4pm
Coloma Community Center is a beautiful two-story, tile-roofed brick building that was converted from the old Coloma Elementary School. The building has five meeting rooms, one dance room, and a full performance auditorium with stage for various activities. The Coloma Community Center can host intimate meetings of 25 persons or accommodate large events.

Reservation Information:
Looking for a premier location for your event? Look no further. Call (916) 808-6060 for details.

SOUTHSIDE CLUBHOUSE

2051 6th St.
Sacramento, CA 95818

Hours of Operation:
M-W, F 9am-1pm
Tu, Th 2pm-8pm
Sa 9am-1pm
Closed City Holidays

Southside Clubhouse is in one of Sacramento’s oldest neighborhoods. In the heart of Southside Park, the Clubhouse brings together the community to connect with one another, learn new skills, and explore the community. The Clubhouse includes two meeting rooms and a Little Library sponsored by the Southside Park Neighborhood Association. Enjoy a walk around Southside Park to visit the large natural pond, locally designed sculptures, an amphitheater, an inclusive playground, and the Southside Pool.

BELLE COOLEIDGE COMMUNITY CENTER

5699 S. Land Park Dr.
Sacramento, CA 95822
(916) 808-5610

Hours of Operation:
Tu Th F 12am-5pm

The Belle Cooledge Community Center offers several classes, workshops and programs to meet your leisure needs. Learn something new, improve a skill, meet new people, or enjoy friendly competition. Classes include Multi-Level Aerobics, Youth Dance and Gymnastics, Tai Chi, and Ballroom Dance.

EVELYN MOORE COMMUNITY CENTER

1402 Dickson St.
Sacramento, CA 95822
(916) 808-5610

Hours of Operation:
Call for details

Reservation Information
Evelyn Moore Community Center is a quaint, one-room activity building suitable for small parties, gatherings or meetings. Call (916) 808-6060 for details.

Programs
The Evelyn Moore Community Center offers several classes, workshops, and programs to meet your leisure needs. Learn something new, improve a skill, meet new people, or enjoy friendly competition.
The Joe Mims Hagginwood Community Center and park are the focal point of the North Area. They provide two buildings for programs and rentals. The main community center has two meeting rooms, front office, lobby space, outdoor patio and a breezeway leading to the historic building. The historic building has a large auditorium & stage, a warming kitchen and two games rooms for youth and teens. The Hagginwood Park has beautiful shade trees, a playground for kids, basketball courts, large grassy areas, picnic areas, and the Grantland Johnson all weather, multuse field.

The Grantland Johnson Field is named in honor of Grantland Johnson, a native of Del Paso Heights who served his community in multiple elected positions. The field features synthetic turf and sports field lights. It meets FIFA standards of synthetic turf and sports field lights. It meets FIFA standards of measurement, sizing up at 60.96m (200ft) by 91.44m (300ft). The field also features regulation soccer goals, nets, perimeter fencing, and onsite restrooms. To reserve this field call Coloma Community Center at (916) 808-6060.

The Sam & Bonnie Panell Community Center is situated on a 12-acre site, which includes an aquatic center, outdoor basketball courts, baseball diamond, and a fully accessible sports field - River Cats Independence Field. The Center includes a weight room, teen room, computer lab, and meeting rooms, also a large multipurpose room with a warming kitchen. Rooms for rent range in capacity and size and can accommodate events of many types. The center offers a selection of programs and classes for all ages and interests.

The Oak Park Community Center located in the heart of Oak Park, is a gathering place for people to come together to stretch their recreational horizons, have fun, learn new things and make friends. On location, is the multipurpose event center with an indoor basketball court. Outdoor features include a playground, lighted basketball court, UC Davis Health Neighborhood Street Soccer Park, and the Rod Rodriguez, Jr. grass soccer field.

South Natomas Community Center is located at the front of South Natomas Community Park. We are adjacent to the South Natomas Library and South Natomas Rose Garden. The Center includes a weight room, teen room, computer lab, and meeting rooms available for rental that can accommodate up to 50 quests. We also have a variety of programs and classes to meet your needs.
COME OUT & PLAY  CLASSES, PROGRAMS & EVENTS

SPR/SUM.  2021

COME OUT & PLAY CLASSES, PROGRAMS & EVENTS
SPR/SUM.  2021

Recreation Swim
Recreation swim is available for everyone to enjoy a safe and fun experience at the pools. Come join us on the inflatable obstacle courses on select days and make a splash!
Age: All ages
Fee: $2 for Children (12 and under) $4 for Adults (18+)

Summer Kickoff Weekend June 18th- June 20th
$1 ADMISSION ALL WEEKEND!
We are excited to announce that we will be opening our facilities for Recreational Swim starting June 18th. Be sure to visit our Recreational Swim page for the full schedule for the weekend as facilities will be opening throughout the weekend.

Swim Lessons
Join us in an exciting swim program designed to fit any age group and ability. Our program provides participants with a positive learning experience and teaches lifelong swimming skills as well as sun and water safety information. Lessons utilize components of the American Red Cross and other Learn-to-Swim programs.

Water Aerobics
Looking for a low impact work out designed to burn calories and tone up muscles? Join us for Water Aerobics at one of our participating pools! Prices will vary based on number of days and weeks in each session.
Age: All Ages
Location:
Clunie Pool, Doyle Pool, Glenn Hall Pool, Meadowview Pool, Tahoe Pool
Fee: Varies

Lap Swim
Adult Lap Swim is for swimmers 16+ years old. It is offered at various swimming pools.
Attention: Lap Swimmer, due to Covid 19 and Sacramento County guidelines we currently permitting 2 swimmers per lane for lap swim at this time. We will be following these guidelines and making updates accordingly.

Swim Team
Swim team offers a Summer of Swim Training and Competition in our Rec Swim League. Swimmers will refine their strokes, learn starts, turns, and work on building endurance and speed. Teams offer multiple practices a week and the opportunity to attend multiple swim meets throughout the season. Prerequisites: Swimmer must be able to swim 25 yards front crawl with face in the water and any breathing pattern. Additionally, swimmers must be able to swim 25 yards of back crawl.

Recreation Swim
Recreation swim is available for everyone to enjoy a safe and fun experience at the pools. Come join us on the inflatable obstacle courses on select days and make a splash!
Age: All ages
Fee: $2 for Children (12 and under) $4 for Adults (18+)
**Parent & Child for 6 months to 3 years old**

Parent and Child swim class is for children and their parents focusing on water adjustment, pool safe skills and fun! Join us for a class that teaches parents proper holds, the fundamental of water skills, and builds a base for enjoying the pool.

**Preschool Level 1 for Ages 3, 4 & 5**

Level 1 is an introductory swim lesson level that focuses on water adaptability skills. Swimmers will work on learning to submerge their face, float on both their front and back with a floatation aid, and work on breath control. Prerequisites: Must be able to follow direction of swim instructor and sit independently on the edge of the pool. No other swim skills are required to take this class.

**Preschool Level 2 for Ages 3, 4 & 5**

Level 2 is for swimmers who are comfortable in the water. This level focuses on rudimentary swimming skills such as floating independently and working on gaining the ability to swim on their front and back. Prerequisites: Must be able to demonstrate breath control by taking a breath, submerging face under water, coming up for air, taking another breath and repeating 10 times. Must be able to float on front with the aid of a floatation device for 10 seconds while their face is submerged in the water. Must be able to float on back with the aid of a floatation device for 10 seconds while their ears are submerged in water.

**School Age Level 1 for Ages 6-12**

Level 1 is an introductory swim lesson level that focuses on water adaptability skills. Swimmers will work on learning to submerge their face, float on both their front and back with a floatation aid, and work on breath control. Prerequisites: Must be able to follow direction of swim instructor and sit independently on the edge of the pool. No other swim skills are required to take this class.

**School Age Level 2 for Ages 6-12**

Level 2 is for swimmers who are comfortable in the water. This level focuses on rudimentary swimming skills such as floating independently and working on gaining the ability to swim on their front and back. Prerequisites: Must be able to demonstrate breath control by taking a breath, submerging face under water, coming up for air, taking another breath and repeating 10 times. Must be able to float on front with the aid of a floatation device for 10 seconds while their face is submerged in the water. Must be able to float on back with the aid of a floatation device for 10 seconds while their ears are submerged in water.

**School Age Level 3 for Ages 6-12**

Level 3 focuses on teaching children the mechanics of front crawl, backstroke, and elementary backstroke arms. Prerequisites: Must be able to swim independently on their front using any kind of arm and kicking action to propel themselves 5 yards. Must be able to swim independently on their back using any kind of arm and kicking action to propel themselves 5 yards. Must be able to float on their front independently for 10 seconds while their face is submerged in the water.

**Level 4 and 5 Combo Class for Ages 6-12**

Level 4 and 5 Combo Class is for both level 4 and level 5 swimmers. Level 4 focuses on increasing endurance and refining the technique of children and the arm action for elementary backstroke. Additionally, breaststroke kick and elementary backstroke with the whip kick are taught in this level. Prerequisites: Swim 10 yards of crawl with their face in the water using any breathing pattern. Swim 10 yards backstroke with single arm action considered acceptable. Swim 10 yards on back using elementary backstroke arms. Tread water for 20 seconds. Level 5 focuses on refining techniques for the front crawl, backstroke, and elementary backstroke arms. Tread water for 20 seconds. Breaststroke and dolphin kick will also be taught. Prerequisites: Swim 15 yards of front crawl while breathing to the side. Swim 15 yards of backstroke with arms in opposition of each other. Swim 15 yards of elementary backstroke with whip kick. Swim 15 yards of breaststroke kick on front with a kickboard. Tread water 30 seconds.

**Teen Ages 12-15**

Teen Swimming Level teaches swimming skills for teens and is appropriate for students that have little to no swimming experience as well as students that want to refine their current swimming skills. Prerequisites: No swimming skills are required.

**Adult Ages 16+**

Adult Swim Level teaches swimming skills for adults and is appropriate for students that have little to no swimming experience as well as students that want to refine their current swimming skills. Prerequisites: No swimming skills are required.
### Swin Lessons

**Lessons at Clunie, Doyle, Meadowview, & Tahoe Pools**

#### Clunie Swim Lessons

<table>
<thead>
<tr>
<th>Cost: $56</th>
<th>11:00 - 11:30am</th>
<th>11:40am -12:10pm</th>
<th>12:20 -12:50pm</th>
<th>5:20 - 5:50pm</th>
<th>6:00 - 6:30pm</th>
<th>6:40 - 7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent &amp; Child</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 1</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>School Age Level 1</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>Teen &amp; Adult Combo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Doyle Swim Lessons

<table>
<thead>
<tr>
<th>Cost: $56</th>
<th>11:00 - 11:30am</th>
<th>11:40am -12:10pm</th>
<th>12:20 -12:50pm</th>
<th>5:20 - 5:50pm</th>
<th>6:00 - 6:30pm</th>
<th>6:40 - 7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent &amp; Child</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 1</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>School Age Level 1</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Meadowview Swim Lessons

<table>
<thead>
<tr>
<th>Cost: $56</th>
<th>11:00 - 11:30am</th>
<th>11:40am -12:10pm</th>
<th>12:20 -12:50pm</th>
<th>5:20 - 5:50pm</th>
<th>6:00 - 6:30pm</th>
<th>6:40 - 7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent &amp; Child</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 1</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>School Age Level 1</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Teen &amp; Adult Combo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Session Dates: Clunie, Pannell Meadowview, Doyle, Tahoe

- **Session 1**: T/W/TH 6/22-7/2
- **Session 2**: T/W/TH 7/6-7/15
- **Session 3**: T/W/TH 7/20-7/29
- **Session 4**: T/W/TH 8/3-8/12
### Tahoe Swim Lessons

<table>
<thead>
<tr>
<th>Cost: $56</th>
<th>11:00 - 11:30am</th>
<th>11:40am - 12:10pm</th>
<th>12:20 - 12:50pm</th>
<th>5:20 - 5:50pm</th>
<th>6:00 - 6:30pm</th>
<th>6:40 - 7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent &amp; Child</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 1</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 1</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### George Sim & McClatchy Swim Lessons

<table>
<thead>
<tr>
<th>Cost: $56</th>
<th>11:00 - 11:30am</th>
<th>11:40am - 12:10pm</th>
<th>12:20 - 12:50pm</th>
<th>5:20 - 5:50pm</th>
<th>6:00 - 6:30pm</th>
<th>6:40 - 7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>PreSchool Level 1</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 1</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Southside Swim Lessons

<table>
<thead>
<tr>
<th>Cost: $56</th>
<th>11:00 - 11:30am</th>
<th>11:40am - 12:10pm</th>
<th>12:20 - 12:50pm</th>
<th>5:20 - 5:50pm</th>
<th>6:00 - 6:30pm</th>
<th>6:40 - 7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>PreSchool Level 1</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 1</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td>•</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Session Dates: George Sim, McClatchy, Southside (Twice a week)

<table>
<thead>
<tr>
<th>Session</th>
<th>Days</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>M/W</td>
<td>6/21-7/7</td>
</tr>
<tr>
<td>Session 2</td>
<td>M/W</td>
<td>7/12-7/29</td>
</tr>
<tr>
<td>Session 3</td>
<td>M/W</td>
<td>8/2-8/18</td>
</tr>
</tbody>
</table>

**Lessons at George Sim McClatchy & Southside Pools (Twice a week)**

**SWIM LESSONS**
### Cabrillo and Glenn Hall Swim Lessons

**Cost**: $56

<table>
<thead>
<tr>
<th>Level</th>
<th>11:00 - 11:30am</th>
<th>11:40am -12:10pm</th>
<th>12:20 -12:50pm</th>
<th>5:20 -5:50pm</th>
<th>6:00 -6:30pm</th>
<th>6:40 -7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>PreSchool Level 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Oki Swim Lessons

**Cost**: $56

<table>
<thead>
<tr>
<th>Level</th>
<th>11:00 - 11:30am</th>
<th>11:40am -12:10pm</th>
<th>12:20 -12:50pm</th>
<th>5:20 -5:50pm</th>
<th>6:00 -6:30pm</th>
<th>6:40 -7:10pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>PreSchool Level 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PreSchool Level 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Level 3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lv 4/5 Combo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Session Dates: Cabrillo, Glenn Hall, Oki (Twice a week)

<table>
<thead>
<tr>
<th>Session</th>
<th>Days</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>T &amp; TH</td>
<td>6/22-7/8</td>
</tr>
<tr>
<td>2</td>
<td>T &amp; TH</td>
<td>7/13-7/30</td>
</tr>
<tr>
<td>3</td>
<td>T &amp; TH</td>
<td>8/3-8/19</td>
</tr>
</tbody>
</table>
City of Sacramento Aquatics offers a recreational swim team program consisting of five teams and is designed to introduce swimmers to the swim team experience. Practices are one hour per day, three days per week. Lifeguards are selected by the Aquatics Section to coach each team. Please note this summer swim team will be adjusted to meet current guidelines and may not include traditional swim meets this season.

Eligibility & Expectations
Age: 9 to 17 years old.

Prerequisite:
Minimum of moderate swimming skills, ability to safely swim in deep water without help, and be able to swim 50 yards (down & back) front crawl with side breathing continuously and 50 yards (down & back) backcrawl. Participants will be water tested at the first practice. Children who cannot demonstrate this swimming ability will not be eligible for swim team and will either be transferred into lessons or given a refund.

Register Online Here

Practice Locations, Days And Times
All meets are Tuesday, Wednesday, Thursday

<table>
<thead>
<tr>
<th>Team</th>
<th>Start Date</th>
<th>End Date</th>
<th>Morning Times</th>
<th>Evening Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clunie Marlins</td>
<td>6/29/21 – 8/13/21</td>
<td></td>
<td>9:00-10:00am</td>
<td>7:15pm-8:15pm</td>
</tr>
<tr>
<td>Meadowview Killer Whales</td>
<td>6/29/21 – 8/13/21</td>
<td></td>
<td>9:00-10:00am</td>
<td>7:15pm-8:15pm</td>
</tr>
<tr>
<td>Doyle Dolphins</td>
<td>6/29/21 – 8/13/21</td>
<td></td>
<td>9:30-10:30am</td>
<td>6:30pm-7:30pm</td>
</tr>
<tr>
<td>Glenn Hall River Rats</td>
<td>6/29/21 – 8/13/21</td>
<td></td>
<td>10:00-11:00am</td>
<td>6:30pm-7:30pm</td>
</tr>
<tr>
<td>Oki Manta Rays</td>
<td>6/29/21 – 8/13/21</td>
<td></td>
<td>10:30am-11:30am</td>
<td></td>
</tr>
</tbody>
</table>

*Please note that you will only be registering for one practice time*
## Clunie Water Aerobics

<table>
<thead>
<tr>
<th>DATES</th>
<th>TIMES</th>
<th>DAY OF CLASS</th>
<th>TOTAL CLASSES</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/19/21-7/17/21</td>
<td>10:30-11:30am</td>
<td>Saturdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>7/24/21-8/21/21</td>
<td>10:30-11:30am</td>
<td>Saturdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/20/21-7/18/21</td>
<td>10:30-11:30am</td>
<td>Sundays</td>
<td>4</td>
<td>$16</td>
</tr>
<tr>
<td>7/25/21-8/22/21</td>
<td>10:30-11:30am</td>
<td>Sundays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/22/21-7/22/21</td>
<td>10:00-11:00am</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>7/21/21-8/26/21</td>
<td>10:00-11:00am</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>6/23/21-7/21/21</td>
<td>7:15-8:15pm</td>
<td>Wednesdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>7/28/12-8/25/21</td>
<td>7:15-8:15pm</td>
<td>Wednesdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/25/21-7/23/21</td>
<td>10:30-11:30am</td>
<td>Friday</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>7/28/21-8/27/21</td>
<td>10:30-11:30am</td>
<td>Friday</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/22/21-7/22/21</td>
<td>7:15-8:15pm</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>7/27/21-8/26/21</td>
<td>7:15-8:15pm</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
</tbody>
</table>

## Glenn Hall Water Aerobics

<table>
<thead>
<tr>
<th>DATES</th>
<th>TIMES</th>
<th>DAY OF CLASS</th>
<th>TOTAL CLASSES</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/22/21-7/22/21</td>
<td>9:00-10:00am</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>7/27/21-8/26/21</td>
<td>9:00-10:00am</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
</tbody>
</table>

## Meadowview Pool Water Aerobics

<table>
<thead>
<tr>
<th>DATES</th>
<th>TIMES</th>
<th>DAY OF CLASS</th>
<th>TOTAL CLASSES</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/20/21-7/18/21</td>
<td>11:45-12:45pm</td>
<td>Sundays</td>
<td>4</td>
<td>$16</td>
</tr>
<tr>
<td>7/25/21-8/22/21</td>
<td>11:45-12:45pm</td>
<td>Sundays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/22/21-7/22/21</td>
<td>10:00-11:00am</td>
<td>Tues/ Wed/Thurs</td>
<td>15</td>
<td>$60</td>
</tr>
<tr>
<td>7/27/21-8/26/21</td>
<td>10:00-11:00am</td>
<td>Tues/ Wed/Thurs</td>
<td>15</td>
<td>$60</td>
</tr>
</tbody>
</table>

## Tahoe Pool Water Aerobics

<table>
<thead>
<tr>
<th>DATES</th>
<th>TIMES</th>
<th>DAY OF CLASS</th>
<th>TOTAL CLASSES</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/22/21-7/22/21</td>
<td>10:00-11:00am</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>7/27/21-8/26/21</td>
<td>10:00-11:00am</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>6/22/21-7/22/21</td>
<td>6:00-7:00pm</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>7/27/21-8/26/21</td>
<td>6:00-7:00pm</td>
<td>Tuesdays/Thursdays</td>
<td>10</td>
<td>$40</td>
</tr>
<tr>
<td>6/23/21-7/21/21</td>
<td>10:00-11:00am</td>
<td>Wednesdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>7/28/21-8/25/21</td>
<td>10:00-11:00am</td>
<td>Wednesdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/23/21-7/21/21</td>
<td>6:00-7:00pm</td>
<td>Wednesdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>7/28/21-8/25/21</td>
<td>6:00-7:00pm</td>
<td>Wednesdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/23/21-7/23/21</td>
<td>10:30-11:30am</td>
<td>Friday</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>7/28/21-8/27/21</td>
<td>10:30-11:30am</td>
<td>Friday</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/19/21-7/17/21</td>
<td>11:00am-12:00pm</td>
<td>Saturdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>7/24/21-8/21/21</td>
<td>11:00am-12:00pm</td>
<td>Saturdays</td>
<td>5</td>
<td>$20</td>
</tr>
<tr>
<td>6/20/21-7/18/21</td>
<td>11:00am-12:00pm</td>
<td>Sundays</td>
<td>4</td>
<td>$16</td>
</tr>
<tr>
<td>7/25/21-8/22/21</td>
<td>11:00am-12:00pm</td>
<td>Sundays</td>
<td>5</td>
<td>$20</td>
</tr>
</tbody>
</table>
### Recreation Swim Schedule

<table>
<thead>
<tr>
<th>Pool Name</th>
<th>Dates</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cabrillo Pool 1648 65th Ave 916-433-6271</td>
<td>6/20 - 8/22/21</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Closed</td>
<td>Coming Soon</td>
<td>1:00 - 5:00pm</td>
</tr>
<tr>
<td>Clunie Pool 601 Alhambra Blvd 916-264-5301</td>
<td>5/31 - 6/17/21</td>
<td>Closed*</td>
<td>3:00-7:00pm</td>
<td>3:00-7:00pm</td>
<td>3:00-7:00pm</td>
<td>1:00-6:00pm</td>
<td>1:00-6:00pm</td>
<td>1:00-6:00pm</td>
</tr>
<tr>
<td>Doyle Pool 2827 Mendel Way 916-566-6420</td>
<td>6/18 - 9/06/21</td>
<td>Closed*</td>
<td>1:00-5:00pm</td>
<td>1:00-5:00pm</td>
<td>1:00-5:00pm</td>
<td>1:00-6:00pm</td>
<td>1:00-6:00pm</td>
<td>1:00-6:00pm</td>
</tr>
<tr>
<td>Glenn Hall Pool 5201 Carlson Dr 916-277-6071</td>
<td>6/19 - 8/22/21</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Closed</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
</tr>
<tr>
<td>McClatchy Pool 3500 5th Ave 916-277-6041</td>
<td>6/20 - 8/22/21</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>Closed</td>
<td>Coming Soon</td>
<td>Coming Soon</td>
</tr>
<tr>
<td>Okí Pool 2715 Wissmann Dr 916-277-6160</td>
<td>6/20-8/22/21</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>Closed</td>
<td>Coming Soon</td>
<td>Coming Soon</td>
</tr>
<tr>
<td>Pannell-Meadowview Pool 2450 Meadowview Rd 916-808-6622</td>
<td>6/18 - 9/06/21</td>
<td>Closed</td>
<td>1:00-5:00pm</td>
<td>1:00-5:00pm</td>
<td>1:00-6:00pm</td>
<td>1:00-6:00pm</td>
<td>1:00-6:00pm</td>
<td>1:00-6:00pm</td>
</tr>
<tr>
<td>George Sim Pool 6207 Logan Way 916-808-3768</td>
<td>6/19 - 8/22/21</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>Closed</td>
<td>Coming Soon</td>
<td>Coming Soon</td>
</tr>
<tr>
<td>Southside Pool 2107 6th Street 916-264-3357</td>
<td>6/19 - 9/06/21</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>1:00-5:00pm</td>
<td>Coming Soon</td>
<td>Closed</td>
<td>Coming Soon</td>
<td>Coming Soon</td>
</tr>
<tr>
<td>Tahoe Pool 3501 59th Street 916-277-6072</td>
<td>6/18 - 9/06/21</td>
<td>Closed</td>
<td>1:00-5:00pm</td>
<td>1:00-5:00pm</td>
<td>3:00-7:00pm</td>
<td>1:00-5:00pm</td>
<td>1:00-5:00pm</td>
<td>1:00-5:00pm</td>
</tr>
</tbody>
</table>

### Lap Swim

Attention: Lap Swimmer, due to Covid 19 and Sacramento County guidelines we are currently permitting 2 swimmers per lane for lap swim at this time. We will be following these guidelines and making updates accordingly.

Adult Lap Swim is for swimmers 16+ years old. It is offered at various swimming pools.

**COSTS:**
Daily admission: $5 (payable at pool)

### Clunie Pool

**Dates:** 6/1/21 - 6/21/21

**Tuesday – Friday** ........... 4:00 - 7:00 pm  
Saturday & Sunday ........... 10:30am – 12:30pm

**Dates:** 6/22/21 – 9/6/21

**Tuesday – Friday** ........... 10am-12:30pm & 4pm-7pm  
Saturday & Sunday ........... 10:30am – 12:30pm

### Southside Pool

**Dates:** 6/21/21 – 8/21/21

Monday & Wednesday............... 11:00am - 7:00pm  
Tuesday & Thursday............... Coming Soon!  
Saturday................................................. 1:00 - 5:00pm

### Pannell-Meadowview Pool

**Dates:** 6/22/21 – 8/21/21

Tuesday, Wednesday, Thursday........ 9:00 -10:00am

### Tahoe Pool

**Dates:** 6/22/21 – 8/21/21

Monday, Wednesday, Thursday ...... 10:00 - 11:00am & 6:45 - 7:45pm  
Friday, Saturday & Sunday.......... 11:00am - 12:00pm
YOUTH & TEENS

Kids Camp (Youth):
M-F 9am-2:00pm

Community Centers will provide a safe space for youth to enjoy an array of exciting activities including games, crafts, cooking projects, drama, science, and sports with lunch provided daily.

TEEN SCENE (Teens):
M-F 3pm-7:00pm

Community Centers will provide a safe space for teens to enjoy an array of exciting activities including games, crafts, cooking projects, drama, science, and sports.

FREE!

Summer Program Dates
June 28, 2021 - August 13, 2021

Locations
- Evelyn Moore Community Center
- George Sim Community Center
- Mims Hagginwood Community Center (ends August 6, 2021)
- Oak Park Community Center
- Pannell Meadowview Community Center
- South Natomas Community Center (ends August 6, 2021)
- Southside Clubhouse

The City’s child day care, and child and adult recreational programs are operated under the guidelines set forth by the CDC and the state, as well as state and local public health officer orders, including daily check-in of all participants and staff for any fever, practicing 6 ft. social distancing, wearing face masks inside when social distancing is not feasible, not touching their face, frequently washing hands, and sanitizing high touch surfaces.
COME OUT & PLAY CLASSES, PROGRAMS & EVENTS

SUMMER IS HERE! Redesigned and COVID-safe for 2021. The City of Sacramento is proud to offer an awesome lineup of Summer Educational Enrichment camps across Sacramento!

After months of social distancing, it is essential that we give our youth meaningful and intentional interactions to promote their social and emotional learning and physical health. Mix big summer fun with big summer learning—all at your neighborhood park. The Summer Oasis experience is specially designed with plenty of individual hands-on activities, supervised exploration, and interactive fun. Designed for 1st - 6th graders, this program is the perfect way to sharpen your skills and bond with new friends. Registration is open online. Camp will be offered June 28th - August 6th in seven weekly sessions.

Campers should bring lunch/snack, water bottle, and sunscreen. For more information, please email Jmarson@cityofsacramento.org.

Capacities for Summer Oasis camps have been limited based on the latest guidance from local, state, and federal public health officials.

**SUMMER OASIS**

**East Portal Park**
Age: 6-11  
Location: East Portal Park  
Fee: $25/week  
9:00am - 2:00pm  
*No Meeting on 7/5

**Garcia Bend Park**
Age: 6-11  
Location: Garcia Bend Park  
Fee: $25/week  
9:00am - 2:00pm  
*No Meeting on 7/5

**North Natomas Park**
Age: 6-11  
Location: North Natomas Park  
Fee: $25/week  
9:00am - 2:00pm  
*No Meeting on 7/5

**Robla Park**
Age: 6-11  
Location: Robla Park  
Fee: $25/week  
9:00am - 2:00pm  
*No Meeting on 7/5

**Tahoe Park**
Age: 6-11  
Location: Tahoe Park  
Fee: $25/week  
9:00am - 2:00pm  
*No Meeting on 7/5

**William Land Park**
Age: 6-11  
Location: William Land Park  
Fee: $25/week  
9:00am - 2:00pm  
*No Meeting on 7/5

**EXPANDED LEARNING CHILD CARE**

**4th “R”**

The 4th “R” Provides School-Age Child Care for Kindergartners - 6th graders, emphasizing RECREATION! We have onsite locations at many elementary schools in the Sacramento area. We provide before and after school care during the school year, including winter and spring break, and a full day program during the SUMMER!

The 4th “R” is a recreation program that fosters learning through fun. Your child will have opportunities to engage in arts & crafts, cooking, sports 7 games, science, and more. Your child will have many unique and interesting experiences at the 4th “R”. We love what we do, and we are here for you!

The 4th “R” is a licensed program with the State of California. Call (916) 808-6021, for more information, or contact the 4th “R” nearest you.

---

Alice Birney 6251 13th St., Sac. 95831 (916) 433-6318 Lic#343616503
Caleb Greenwood 5457 Carlson Dr., Sac 95819 (916) 277-6185 Lic#340310094
Crocker Riverside 2970 Riverside Blvd., Sac 95818 (916) 204-6838 Lic#340310500
Didion 6490 Harmon Dr., Sac 95831 (916) 433-6675 Lic#340311928
Golden Empire 9045 Cananda Dr., Sac 95826 (916) 228-3209 Lic#343604770
H. Allen Hight 3200 North Park Dr., Sac 95835 (916) 566-6422 Lic#343615334
Heron 5151 Banfield Dr., Sac 95835 (916) 566-1520 Lic#343614095
Hollywood Park 4915 Harte Way, Sac. 95822 (916) 277-6186 Lic#340310092
Hubert Bancroft 2929 Belmar St., Sac 95826 (916) 277-6100 Lic#340311929
Natomas Park 4700 Crest Dr., Sac 95835 (916) 264-1064 Lic#343605744
O.W. Erlewine 2441 Stanberry Way., Sac 95826 (916) 277-6104 Lic#340311930
Paso Verde 3800 Del Paso Rd., Sac 95835 (916) 566-4496 Lic#343621995
Phoebe Hearst 1410 60th St., Sac. 95819 (916) 277-3840 Lic#343604900
Pony Express 1250 56th Ave., Sac 95831 (916) 433-6678 Lic#340310095
Regency Park 5901 Bridgeway Dr., Sac 95835 (916) 566-3636 Lic#343610711
Sequoia 3333 Rosemont Dr. Sac 95826 (916) 277-6105 Lic#340312840
Sutterville 4967 Monterey Wy, Sac. 95822 (916) 277-6103 Lic#340310097
Two Rivers 3201 West River Dr., Sac 95833 (916) 566-2441 Lic#343606960
Witter Ranch 3790 Poppy Hill Wy., Sac 95834 (916) 566-1559 Lic#343610146
The Prime Time Teen Virtually Connected program is an eight-week virtual workforce readiness and skill development program available for youth **13-17 years of age**. The online program places an emphasis on engaging participants in the development of 21st Century workforce readiness skills and the creation of a small group community service project.

Participants engage in interactive online group sessions to gain knowledge, insight, and be more prepared when they are seeking employment within the workforce environment and selection of career options.

All instructional programming will be online via ZOOM and/or Google Classroom. Instructional groups sessions are held twice a week, two hours a day, for eight-weeks at two different times with additional individual assignments given weekly to complete.

To receive the $300 monetary stipend, a participant is required to attend, participate, and complete online instructional programming group sessions, and community service project activities.

Youth must live within the city limits to participate.

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Mon/Wed</th>
<th>Tue/Thur</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon/Wed</td>
<td>10:00am - 12:00am</td>
<td>16318........6/21 - 8/11</td>
<td>16321........6/22 - 8/12</td>
</tr>
<tr>
<td>Mon/Wed</td>
<td>1:30pm - 3:30pm</td>
<td>16319........6/21 - 8/11</td>
<td>16320........6/22 - 8/12</td>
</tr>
<tr>
<td>Tue/Thur</td>
<td>10:00am - 12:00am</td>
<td>16319........6/21 - 8/11</td>
<td>16320........6/22 - 8/12</td>
</tr>
<tr>
<td>Tue/Thur</td>
<td>1:30pm - 3:30pm</td>
<td>16319........6/21 - 8/11</td>
<td>16320........6/22 - 8/12</td>
</tr>
</tbody>
</table>

**ASES EXPANDED LEARNING PROGRAM: START**

Age: K - 12  
Location: Varies  
Dates: 4/12 - 6/18  
Time: 2 pm - 6 pm  
Fee: FREE  

Sacramento START is a "FREE" Expanded Learning program for Kindergarten through 6th Grade students with a focus on providing academic support and recreational activities in a safe and caring environment.

For registration information please email Sacramento START: Jmarson@cityofsacramento.org or contact your local Robla School campus.

Programs are available at 5 schools in the Robla School District:

- **Taylor Street Elementary School**  
  (916) 826-9289
- **Glenwood Elementary School**  
  (916) 825-5838
- **Main Avenue Elementary School**  
  (916) 825-3528
- **Robla Elementary School**  
  (916) 825-5850
- **Bell Avenue Elementary School**  
  (916) 255-7955

**KIDS CAMP**

Age: K - 12  
Location: Varies  
Dates: 4/12 - 6/18  
Time: 2 pm - 6 pm  
Fee: FREE  

After months of social distancing, it is essential that we give our youth meaningful and intentional interactions to promote their social and emotional learning and physical health. Community Centers will provide a safe space for youth to enjoy an array of exciting activities including games, crafts, cooking projects, drama, science, and sports with lunch provided daily.

2:00pm - 6:00pm.....6/28 - 8/12 .....M - F  
*No meeting on 7/5

**PASSENGES/ASES AFTER SCHOOL**

Age: 7 - 8 grade  
Location: Sam Brannan Middle School  
Dates: 4/2 - 6/17  
Time: 1:15 pm - 6 pm  
Fee: FREE  

The Passages / ASES (Teen Services) programs provides a Youth Development based program designed for middle school children. The program allows the students the opportunity to develop enthusiasm for enrichment and recreation through participation in a variety of exciting, challenging, activities such as academic enrichment, sports, visual and performing arts, science and technology, service learning, cooking, multi-cultural activities, life skills education, special events.
Monthly Zoom Activities
Age: 18 & up
Location: Zoom, virtual
Fee: $30
Instructor: Heather Kopf
Access Leisure provides a variety of monthly Zoom opportunities included but not limited to; weekly Get Fit classes, Yoga, Meditation, Art Activities, Group Games, Dance Parties, Holiday Themed Events, Social Hours, and Movie Nights. Activity times, days, and dates vary monthly to provide opportunities for as many individuals as possible. These activities are designed for young adults and adults with intellectual and/or developmental disabilities. Individuals, families, and care providers who are interested in Zoom and in-person activities should email Heather Everett, Program Coordinator, at heverett@cityofsacramento.org for calendar and registration information.

*Schedule Exceptions: No activities on City Holidays

Champion Group
Age: Open to parents, family members of participants
Dates: 7 pm
Fee: FREE
Instructor: Heather Kopf
Access Leisure staff meets with parents, family members, and care providers once a month to provide opportunities to discuss various topics, provide resources, and teach new skills. Topics are designed to assist with challenging situations and maintaining health and happiness at home. Examples of topics include self-care tips, coping skills, caregiver fatigue, local resources for individuals with disabilities, and more. Individuals, families, and care providers who are interested in Zoom and in-person activities should email Heather Everett, Program Coordinator, at heverett@cityofsacramento.org for calendar and registration information.

Monthly Paint & Sip
Age: 18 & up | Location: Zoom, virtual
Dates: Varies | Fee: $15
Instructor: Heather Kopf
Join Access Leisure peers and staff for an evening of step by step painting and socializing. Supplies are provided and include a canvas, paintbrushes, acrylic paints, and a non-alcoholic beverage. This activity is designed for young adults and adults with intellectual and/or developmental disabilities. Individuals, families, and care providers who are interested in Zoom and in-person activities should email Heather Everett, Program Coordinator, at heverett@cityofsacramento.org for calendar and registration information.

Book Club
Age: 18 & up | Location: Zoom, virtual
Dates: Th, 4 pm | Fee: $10
Instructor: Heather Kopf
This group is great for all abilities. Join staff to listen or to follow along in the designated book. The book club runs weekly until the group has finished the book. In the final meeting, the group will get together on Zoom to watch the movie version of the book and enjoy some social time. Staff will assist with group discussion and content discussion each week. Individuals, families, and care providers who are interested in Zoom and in-person activities should email Heather Everett, Program Coordinator, at heverett@cityofsacramento.org for calendar and registration information.

Limited in-person activities, events, and camps are now available.
Options include a weekly Get Fit Walking Group which meets at various City of Sacramento parks (FREE), as well as several fun and safe social and wellness opportunities (fees vary). If you are interested in participating in in-person Access Leisure programs for young adults and adults with intellectual and/or developmental disabilities, please email Heather at hkopf@cityofsacramento.org. Thank you!

Register online or over the phone:
Heather, (916) 808-7970 or email hkopf@cityofsacramento.org. Cash and checks are not accepted at this time. Staff can assist you through the registration process.
Power Soccer
Age: 10 & up
Location: River Cats Independence Field
Dates: S, Varies
Fee: $15
Instructor: Kou Yang
Power soccer isn’t just a game. It’s a way of life. For the coaches, athletes, staff, and volunteers, power soccer builds lifelong relationships while offering opportunities to compete against some of the best teams in the world. If you’re the kind of person that wants to dig deep, fight hard, and prove yourself in the heat of competition, power soccer might just be what you’ve been looking for. Power soccer is the only sport played competitively by individuals using power wheelchairs for mobility. The Sac Valley Flames is the power soccer team of the greater Sacramento Region and welcomes players of all abilities. If you are interested and would like more information, contact Kou Yang, Program Coordinator, at kyang2@cityofsacramento.org.

Virtual Adaptive Recreation & Fitness
Age: All Ages
Location: Zoom, virtual
Dates: Varies
Fee: Varies
Instructor: Kou Yang
Access Leisure is providing virtual adaptive recreation and fitness which includes—but may not be limited to—cardio, strength, conditioning, meditation, yoga, and cross-fit training. This program is designed for any person with physical disabilities. We can all participate in physical fitness regardless of age. For more information on this program or the monthly schedule dates, please email Program Coordinator Kou Yang at kyang2@cityofsacramento.org.
ETHEL MACLEOD HART SENIOR CENTER

915 27th Street
Sacramento, CA 95816
(916) 808 – 5462

Hours Of Operation:
M – F 8:00am – 5:00pm
Sa 9:30am – 1:00pm
Su 12:30pm – 3:30pm

Life History Writing Group
Interested in stimulating your memory and preserving the tales of your life for generations to come? Join Life History Writing through Zoom! Members of the class meet to write the stories of their lives. Participants write and share a story each week with the class. Encouragement and constructive advice will be provided to writers. To register, call the Hart Center at 916-808-5462. Course Registration Fee: FREE

Registration Link:
http://apm.activecommunities.com/cityof-sacparksandrec/Activity_Search/12582

Time: 10:30 am - 12 noon (ONGOING COURSE)
Location: Online - Zoom Meeting Link will be provided the day before class. *

12582........ 1/5/2021 - 8/17/2021 ......Tu

Kalbes move

Virtual Zumba Toning with Kelly
Tuesdays from 10AM-11AM (contact the Hart Senior Center for monthly registration link)

This virtual class incorporates physical exercises using light Zumba weights and dance steps to the rhythms of Cumbia, Merengue, Mambo, Salsa, Samba and much more. Join us on Zoom to discover how easy and fun losing weight, toning your muscles, and getting in shape can be! Beginners are always welcome; this class is for all levels and shapes.

Call the Hart Senior Center to register.
Course Registration fee: $25 for 5 classes
Class instructions for Zoom will be provided to registrants the day before class starts.
Registration Link for Dec 22nd-Jan19th:
https://apm.activecommunities.com/cityof-sacparksandrec/Activity_Search/12633

Beginning Somatic Muscle Release
Tuesdays and Fridays from 12:30PM-1:30PM (ongoing course)

Beginning Somatic Muscle Release is a form of movement designed to reverse the effects of aging. By making our unconscious movement patterns conscious, we can begin to reverse years of stress and trauma held in the body. All movements are gentle and easeful, done lying on a yoga mat or blanket. Come to re-experience the deliciousness of your own natural movement!

Linda Eisenman has studied meditation and yoga for over 30 years, and in 2020 studied Hanna Somatic through the Novato Institute. She is endlessly fascinated with the movement of the human body. Her goal is to see every senior citizen supple and conscious in their movements.

Call the Hart Senior Center to register for free.
Course Registration Fee: FREE
*Zoom Meeting Link will be provided the day before class. *

Registration Link:
http://apm.activecommunities.com/cityof-sacparksandrec/Activity_Search/11899

A Special Treat For Strength & Balance Students!
Mondays, Wednesday, and Fridays from 9AM-9:45AM

Strength and Balance class is welcoming back group leader Joe Miguel and its participants! We are requiring participants to telephone in their registration prior to EACH day they want to attend. Participants may only register for ONE DAY at a time. Please call the Hart Senior Center at (916) 808-5462 to register. We anticipate this will be our most in-demand class and, since we can accommodate only 20 people each session, we want to give as many people as possible the opportunity to attend, at least occasionally. Registered participants should bring their own water bottle, hand weights, and strengthening band.

STRENGTH & BALANCE VIDEO!
We’ve created a video of Joe going through the regular Strength & Balance routine, in his own unique, down-home style. If you’d like a link to the video, send an email to Linda at LThao3@cityofsacramento.org.
COME OUT & PLAY  CLASSES, PROGRAMS & EVENTS
SPR/SUM.  2021

COME OUT & PLAY CLASSES, PROGRAMS & EVENTS
SPR/SUM.  2021

POETRY WRITING WORKSHOP
Tuesdays 2PM-3:30PM
Join the Poetry Writing Workshop through Zoom for some poetic inspiration and motivation! The workshop is facilitated by Olga Blau Browne, Sue Daly, and Joyce Odam. Members are encouraged to share an original poem each week and receive positive comments from others. Call the Hart Senior Center to register for free.
Course Registration Fee: FREE
*Zoom Meeting Link will be provided the day before class.*

VIRTUAL BINGO FOR SENIORS
Thursdays from 11:30AM to 1PM (ongoing course)
Join us on Zoom for a fun afternoon of Bingo while you stay safe at home! Zoom is an audio and video application that works on smart phones, tablets, and computers. Never used Zoom? We will send you everything you need to know after you sign up to play. Winners will receive prizes.
To sign up, email Laura Argueta, largueta@cityofsacramento.org.
Course Registration Fee: FREE
*Zoom Meeting Link will be provided the day before class.*

CREATIVE IMPROV WRITING GROUP
Thursdays from 3:30PM to 5PM
Creative Improv is writing group that focuses on creative writing using the fine mix of imagination and experience. This type of writing responds to various conceptions of genre, audience, voice, arrangement, and style. This offering prompts its participants to dive into their knowledge about new media literacies, rich rhetorical situations, and the multiple perspectives that are inherent in any writing activity. Come join us through Zoom on Thursdays to share, explore and build on your creative writing! Materials are provided. Call the Hart Senior Center to register for free.
Course Registration Fee: FREE
*Zoom Meeting Link will be provided the day before class.*
Registration Link:
https://apm.activecommunities.com/cityofsacparksandrec/Activity_Search/12581

BOOKS WITH HART
First Fridays of the Month, 10AM-11:30AM (ongoing course)
Books with Hart discussions are held on the first Fridays of the month, but with a twist: virtual meetings! Please email contact@saclibrary.org for more information on meeting access and to borrow a copy of the book each month.
Course Registration Fee: FREE
*Zoom Meeting Link will be provided the day before class.*

QI GONG MEDITATION AND MOVEMENT
Saturdays from 12Noon to 1PM
Sheng Zhen Qi Gong is a form of gentle Sitting and Standing Movements practiced for thousands of years to exercise joints & muscles which increase core strength & balance. The Meditations facilitate a state of wellbeing & oneness with the universe. The online Zoom conference will be led by, Jan Polin, a Beijing certified instructor. All levels are welcome. Classes will resume in January. To register, please call the Hart Center at (916) 808-5462.
Course Registration Fee: FREE
*Zoom Meeting Link will be provided the day before class.*
Registration Link:
http://apm.activecommunities.com/cityofsacparksandrec/Activity_Search/11431

TECHCONNECTIONS
Need Technology Help?
Sheltering at home during the COVID pandemic can make for some very lonely days. Not being able to get out to see family and friends is no fun! During this tough time, many people have learned that technology – smart phones, tablets, and computers – can be a lifesaver. Zoom meets up with friends and family and on-line art classes, book clubs or bingo can all bring a little joy into a long day at home. The possibilities are endless!

But we all know that technology has its challenges. Perhaps you have had a tough time getting your tech devices to do what you would like them to do. Or maybe you would like to try Zoom but are not sure how to get started. If so, the staff at Ethel Hart Senior Center would like to help! Call Hart Senior Center at 808-5462.

Simply tell us what issues with technology you are having, or what you’d like to do with your tech devices at home. We will ask a few basic questions then link you up with a staff person to provide some help over the phone. We look forward to hearing from you!
Course Registration Fee: FREE
*Zoom Meeting Link will be provided the day before class.*

FOLK ART @ HOME SERIES:
Fridays through Email Subscription
Registration Link:
https://anc.apm.activecommunities.com/cityofsacparksandrec/activity/search/detail/11837?onlineSiteId=0&from_original_cui=true

ETHEL MACLEOD HART SENIOR CENTER
COME OUT & PLAY CLASSES, PROGRAMS & EVENTS

COME OUT & PLAY CLASSES, PROGRAMS & EVENTS
SPR/SUM. 2021

TRIPLE–R AT HOME

Fun Online Social Activities And Exercise For People With Dementia
While we are all at home, Triple-R has a safe and fun way to connect with others online. Come experience the camaraderie of Triple-R by participating in our virtual meetups where we play games, laugh, exercise and have fun together.

The City of Sacramento’s Older Adult Services division operates Triple-R Adult Day Centers which provide socialization, recreation, and personal care for seniors with dementia while their family caregivers take a break or go to work. In response to the COVID-19 pandemic, Triple-R has moved its social activities online, providing both live and “on demand” virtual opportunities for people with dementia.

Live Classes Via Zoom
Monday - Friday
11:00am - 12:00pm via Zoom (plus “on demand” videos to be watched anytime) Fee: First session free after brief orientation, $40 per month, provides access to all sessions. Brought to you in the comfort of your own home! All activities are appropriate for people with dementia. See below for Caregiver Connection activities on Wednesdays and Fridays. For more information on how to participate, please contact Misa Takagi at mtakagi@cityofsacramento.org.

Live Classes Via Zoom
Weekly Wednesdays and Fridays, time varies depending on activity via Zoom Triple-R recognizes that caregivers are also in need of relaxation. Whether you choose to learn origami, play Bunco, join our Nature Group or just chat with other caregivers at our online Caregiver Café, you are sure to enjoy the company of others and have some fun.

Mental Health And Caregiver Respite Resources

Monthly Online Dementia Caregiver Support Group
Support group meetings provide education and emotional support so that caregivers do not feel alone, especially during this unprecedented time. Those providing care for their loved ones with dementia have a wealth of experience to share with each other and can also look to each other for support and advice. During the COVID-19 outbreak, all support group meetings have moved to phone and online check-ins. The monthly support group facilitated by Triple-R Program Coordinator, Chantell Albers, in partnership with the Alzheimer’s Association is now offered by phone. The meeting takes place the second Friday of every month from 11a.m.-12p.m. To register for this free service, please contact Denise Davis at ddavis1@alz.org.

24/7 Alzheimer’s Association Helpline
The Alzheimer’s Association 24/7 Helpline (800-272-3900) is available around the clock, 365 days a year. Through this free service, specialists and master’s-level clinicians offer confidential support and information to people living with the disease, caregivers, families and the public.

Friendship Line California
This is a toll-free line that provides emotional support to older Californians facing loneliness, isolation and anxiety. The number is 1-888-670-1360.

Respite Support
If you need in-home respite, please contact our community partner, Del Oro Caregiver Resource Center at (916) 728-9333 for more information about how you can receive additional help while you are providing care for a loved one at home.

Dementia Education
We are now several months into staying at home due to COVID-19. If you are finding it frustrating to communicate with loved one, need some tips on how to make things easier at home or just want to talk to other people who are in the same situation as you are, we have resources for you!

Caregiver Education
Del Oro Caregiver Resource Center: Joyful Moments Series- starts October 9th When caring for an older adult, especially one who has a chronic condition or memory impairment, how do you keep them stimulated and keep their spirits up? As the pandemic limits opportunities to go outside of the house, how do you attend to your own well-being as you care for your loved one? In this seven-week series, join activity specialists from the Hummingbird Project as they teach you tips and tricks for engaging your loved one in a variety of hands-on activities that promote socialization, physical and spiritual wellness, and creative expression. Not only will your loved one benefit from these guided sessions, but you will, too! As part of this program, you will receive your own set of Joyful Moments cards with detailed instructions for each activity along with specially curated supplies. Rediscover the joy of being together as you build some beautiful memories.

Sign up now as space is limited: https://tinyurl.com/yyg2hd4j
TRIPS & TOURS

SUMMARY

Rec Express is a recreational after school program for youth. Staff will facilitate various activities including creating art projects, making STEAM projects, engaging in fun activities, and focusing on social emotional learning. This program is free for all participants. Registration is required prior to attending program.

UPCOMING TRIPS IN 2021

AUGUST
Ironstone Vineyards
Welcome to this beautiful winery located in the heart of Murphy’s. This trip includes but is not limited to a walking tour through the wine estate, Gold’s museum, and underground cellar, as well as a wine tasting and lunch. This outdoor venue has plenty of room to enjoy a beverage or beverage flight on the outdoor patio and garden areas throughout the estate.

OCTOBER
Safari West in Santa Clara
Discover Africa in heart of wine country on this adventure. Arrive in Santa Rosa area to begin the adventure. Go in search of herds of wildebeest, romping rhinos and towering giraffes. From ring-tailed lemurs to dazzling zebras, over 1,000 animals call the 400 acres preserve home. Instead of viewing the animals from the outside of their enclosures, climb aboard the special safari vehicles with a guide and drive among the animals. Walk through the aviary to see many types of colorful birds and stroll along the lakeside to see the shades of red and pink of the flamingos. A delicious BBQ lunch is included.

NOVEMBER
San Francisco Day
Two drop offs - Pier 39, always lots to do like check out the Pier 39 Aquarium, walk the Wharf OR visit Union Square to shop, see the huge Christmas Tree, see what the latest gingerbread masterpiece at the Westin.

DECEMBER
The Great Dickens Fair at the Cow Palace
The Great Dickens Christmas Fair in San Francisco is a one-of-a-kind holiday adventure into Victorian London - an elaborate party with hundreds of costumed players performing and interacting with patrons in over 120,000 square feet of theatrically-lit music halls, pubs, dance floors, and Christmas shops. It’s a twilight evening in Charles Dickens’ London Town - a city of winding lanes filled with colorful characters from both literature and history. Enticing aromas of roasted chestnuts and hearty foods fill the air. Cries of street vendors, hawking their wares, ring out above the bustling crowd. Dozens of lamp lit shops are filled to overflowing with Christmas gifts. The Dickens Christmas Fair is a treasured Bay Area tradition since 1970 and a splendid way to celebrate the holidays.

REGISTRATION AND PARTICIPATION

To register for your next getaway, visit
http://www.cityofsacramento.org/ParksandRec/Recreation/Trips-and-Tours
VIRTUAL TOURS AND LIVE CAMS

Aquariums & Zoos
Georgia Aquarium
Reid Park Zoo Live Cams
Seattle Aquarium
Smithsonian’s National Zoo

Destination Sites & Art Galleries
Ellis Island
Glacier National Park Webcams
Grand Canyon National Park
Louvre Museum
National Gallery of Art
Van Gogh Museum
Volcanoes National Park (Visual/Audio Tour)
Uffizi Gallery