

Camp Sacramento

Arts and Adventure in the Sierras Senior Camp



August 10th - 14th, 2020

Looking for a fun and affordable get-away this summer? Each August the City of Sacramento's 50+ Wellness Program hosts an affordable, mini vacation at Camp Sacramento in the Eldorado National Forest. With a focus on nature and the beauty of the Sierras, campers at this 5-day get-away enjoy art workshops and group day trips, along with traditional camp activities. Arts and Adventure in the Sierras Senior Camp includes:

In-camp opportunities:

- Watercolor Workshops
- Okie Dokie Karaoke
- Morning Stretch
- Traditional camp activities like campfires, with sing-a-longs, stargazing, team trivia challenge, variety show, and more!

Day trip adventuring:

- Hiking the Rubicon Trail along Lake Tahoe
- A day at Angora Lakes (hiking, making nature art, paddle boarding, fresh lemonade stand... and more!)
- Exploring Heavenly Valley via mountain gondola
- Horseback riding guided tour

Lodging is rustic (and charming!) and the dining hall meals are hearty, healthy and delicious at this historic camp operated by the City of Sacramento since 1920. Yes, Camp Sacramento is celebrating its 100th year this summer! Don't miss out on all the fun that awaits!

Rates for the 2020 Senior Camp

\$450- Singles (one person in the cabin)

\$350- Multiples (more than 1 person in the cabin)

Reserve your spot today!

For more information, contact the 50+ Wellness/Senior Camp Coordinator at (916) 808-1593.

*Activities are tentative and will be confirmed by early summer.



Camp Sacramento is a permittee of the Eldorado National Forest in accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.)

For Further Information Visit:

www.cityofsacramento.org/seniorsummertime or call (916) 808-1593

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