



**Meeting Minutes of the
Parks and Recreation Commission**

September 7, 2017

6:30 p.m.

City Hall – 915 I Street – Historic City Hall Hearing Room

Open Session – 6:30 p.m.

Roll Call

The meeting was called to order by Chair Heitstuman at 6:31 p.m.

Present: Commissioners Bains, Flores, Murphy, O'Toole, Rhodes, Singh, and Chair Heitstuman; Commissioners Aguilar, Good, and Malik arrived late after Item 1.
Absent: Commissioner Guerrero

Public Comments-Matters Not on the Agenda (2 minutes per speaker)

None

Consent Calendar

1. Parks and Recreation Commission Meeting Minutes

Location: Citywide

Recommendation: Approve Commission minutes for August 9, 2017

Contact: Ilee Muller, Administrative Analyst, (916) 808-1022, Fiscal and Management Services

Action: Motion to approve the Consent Calendar.
Moved, seconded (Rhodes/Singh) 7 Ayes

Discussion Calendar Estimated Time: 80 Minutes

2. Citywide Pool Assessment Update

Location: Citywide

Recommendation: Receive and File

Contact: Shannon Brown, Operations Manager, (916) 808-6076; Jodie Vong, Administrative Officer, (916) 808-5122, Department of Parks and Recreation; Jeff Katz, President, JKA Architecture

Jeff Katz the President of JKA Architecture briefed the Commission on the Citywide Pool Assessment for the City's 12 Aquatic Facilities and five wading pools. He identified and prioritized aquatic, mechanical, electrical, plumbing, structural, accessibility, and programmatic deficiencies at each facility. Deficiencies were broken down into three classifications based on their importance.

Deficiencies are identified with the following classifications and cost estimates:

- Priority A – Safety Issues (Estimate Costs \$12,000,000)
 - Priority B – Priority Maintenance & Repair (\$4,000,000)
 - Priority C – Items to bring the facility up to Industry standards (\$2,000,000)
- Total Estimated Costs \$18,000,000.

3. Older Adult Services Overview and 25th Anniversary of Triple-R Adult Day Program

Location: Citywide

Recommendation: Informational

Contact: Sylvia Fort, Recreation Manager, (916) 808-8381; Rosanne Bernardy, Recreation Superintendent, (916) 808-1590; Stephanie Wilson, Program Supervisor, (916) 808-1591, Department of Parks and Recreation

Rosanne Bernardy briefed the Commission on the City's Older Adult Services – optimizing the experience of aging. Ethel MacLeod Hart Senior Center in midtown offers many fitness programs to include Yoga, Zumba, table tennis, and much more. Other programs include music and art sessions; Storytelling and Literature; Life Enrichment; Assistance, Referrals and More (A.R.M.S.); Social Services & Support; TechConnections; Caring Neighborhoods Program; and 50+ Wellness.

Stephanie Wilson briefed the Commission on the Triple-R Adult Program and how it offers services for those who have dementia. Triple-R is licensed by the State of California and operates three sites (North Sacramento, Council District 2; Midtown Council, District 4; Greenhaven Council, District 7). The program allows individuals with dementia to enjoy recreation programs. The average of participant is 78 years old. Participation increased by 33% in 2017. Triple-R launched Dementia Friendly Sacramento initiative to promote awareness to Dementia in December 2016.

4. Parks and Recreation Director Report (Oral): Review Highlights for August

Location: Citywide

Recommendation: Informational

Contact: Christopher C. Conlin, Director, (916) 808-8526, Department of Parks and Recreation

Director Conlin provided an update on:

- Parks and Youth Development Department Reorganization
- Cooling Centers
- Disaster Preparedness
- \$300,000 for Field Rehabilitation
- Maintenance Reorganization
- Winn Park Building repurpose
- McKinley Village Park Ribbon Cutting

Member Comments-Ideas, Questions and Meeting/Conference Reports

Commissioner Heitstuman asked for a comparison of the number of pools per capita in Sacramento and for demographics of the seniors served in the older adult services program.

Commissioner Aguilar announced Granite Regional Dog Park Clean-up is scheduled for Saturday, September 16, 2017 from 8:00 a.m. – 11:00 a.m.

Adjournment

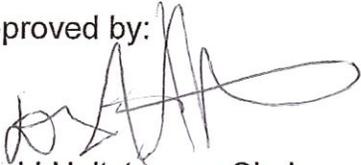
Chair Heitstuman adjourned the meeting at 8:12 p.m.

Respectfully submitted:



Ilse Muller, Administrative Analyst
Department of Parks and Recreation

Approved by:



David Heitstuman, Chair
Parks and Recreation Commission