



Sacramento Handcycling and Tandem Club

2020 September and October Calendar

Keep the following dates open for organized group handcycling rides in the Sacramento area. Come join in this fun and exciting sport that can be shared with family and friends while providing excellent health benefits. We continue to add new rides and join with established events for another exciting cycling season. A limited number of handcycles and tandems will be available for use w/ reservation. **Pre-registration and payment due prior to all rides.** To pre-register: visit accessleisuresac.org, download the form, and return via mail with payment or you can register online at <https://apm.activecommunities.com/cityofsacparksandrec/Home>

Due to our current state, we are limiting the number of riders. It will be on a first come, first serve basis. Once registered, you will receive a confirmation email that you are on the list for the ride. If the ride is full and you are interested, please contact Program Coordinator, Kou Yang at 916-808-6045 or kyang2@cityofsacramento.org, to be added to the waiting list.

To ensure the health and safety of everyone, **ALL** cycles will be cleaned thoroughly after each ride. For those needing assistance with transfers, all staff and volunteers will wear gloves, masks, and protective eye wear during this process.

Fee Structure: Program fees help us cover the cost of staff, equipment, and repairs.

Club rides: All rides meet at designated areas with access to bike trail. Access Leisure will provide riding support and assistance with cycles.

\$10.00 A ride if using Access Leisure bikes

(Course Code: #14548) Thursday, September 3 – Evening River Ride – 5:30pm-8:30pm. We will meet on the south side of CSUS campus, near the information booth in parking lot 7. The ride distance will be 5 miles, 10 miles, or 20 miles, depending the participant's abilities.

(Course Code: #14549) Saturday, September 12 – Morning River Ride– 9am-12pm. We will meet on the backside of the fish hatchery parking area by the accessible parking. The ride distance will be 5 miles, 10 miles, or 20 miles, depending the participant's abilities.

(Course Code: #14550) Sunday, September 27 – Morning River Ride – 9am-12pm. We will meet on the south side of CSUS campus, near the information booth in parking lot 7. The ride distance will be 5 miles, 10 miles, or 20 miles, depending the participant's abilities.

(Course Code: #14551) Saturday, October 3 - Morning River Ride – 9am-12pm. We will meet on the backside of the fish hatchery parking area by the accessible parking. The ride distance will be 5 miles, 10 miles, or 20 miles, depending the participant's abilities.

(Course Code: #14552) Sunday, October 18- Morning River Ride – 9am-12pm. We will meet on the backside of the fish hatchery parking area by the accessible parking. The ride distance will be 5 miles, 10 miles, or 20 miles, depending the participant's abilities.



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Program Ride	Location	Date & Time	Important Program Information
Evening River Ride	CSUS 6000 J Street, Sacramento, CA 95819	September 3rd 5:30pm-8:30pm	Southside of CSUS, parking lot by information booth. Arrive early for transfers. \$7 Parking Fee may be required*
Morning River Ride	Nimbus Fish Hatchery 2001 Nimbus Rd, Gold River, CA 95670	September 12th 9:00am-12:00pm	We will meet on the backside of the fish hatchery parking area by the accessible parking.
Morning River Ride	CSUS 6000 J Street, Sacramento, CA 95819	September 27th 9:00am-12:00pm	Southside of CSUS, parking lot by information booth. Arrive early for transfers. \$7 Parking Fee may be required*
Morning River Ride	Nimbus Fish Hatchery 2001 Nimbus Rd, Gold River, CA 95670	October 3rd 9:00am-12:00pm	We will meet on the backside of the fish hatchery parking area by the accessible parking.
Morning River Ride	Nimbus Fish Hatchery 2001 Nimbus Rd, Gold River, CA 95670	October 18th 9:00am-12:00pm	We will meet on the backside of the fish hatchery parking area by the accessible parking.

*Daily parking pass can be purchased on site with exact change or credit/debit card at any yellow kiosk or you can download the app and pay by phone at <https://www.csus.edu/parking-transportation/parking/pay-by-phone.html>

