

Trainings Offered by the Sacramento Police Department

The Sacramento Police Department is always looking for ways in which to partner with the community. The following trainings are available for your choosing. Please email mfalcon@pd.cityofsacramento.org or call (916) 808-0813 to find out how to bring a training to your own neighborhood.

Crime Prevention Through Environmental Design (2 hrs)

The goal of CPTED is to reduce opportunities for crime that may be caused by landscaping, architecture, or other physical properties.

This training will teach you about "Target Hardening," making your home the hardest home to break into on the block (while maintaining the architectural and landscaping beauty) by:

- Upgrading windows
- Replacing strike plate and hinge screws with longer ones (3")
- Alarm/Video systems
- Lighting
- Keeping gates locked
- Keeping fences in good repair with hostile vegetation
- Protecting HVAC systems
- 2' X 6' rule

Business Watch (1 hr)

- Investigate the importance of Watch groups and provide strategies on starting a Neighborhood/Business Watch program.
- Identify any *CRIME PREVENTION THROUGH ENVIRONMENTAL DESIGN* issues that may be creating ambush spots, shadows, glare, inability to see in and out of windows or any public places.
- Learn how to start, manage and grow a group.
- Discover personal security tips, Active Shooter strategies, and effective Dispatch reporting.

Citizen Patrol (45 min)

- Increase the security profile/presence in your neighborhood.
- Increase the eyes on the streets to notice and report blighted properties, safety hazards, and abandoned vehicles.

- Teams of 4 people man each patrol: Dispatch, Lead, Driver, Observer
- Particularly effective on July 4th, New Years, and Chinese New Year

Firearm Theft Safety (45 min)

- Homeowners should ensure their firearms have been purchased legally and are registered according to state laws.
- Firearms are particularly targeted in residential burglaries. Criminals may break into a home specifically to steal one. Firearms easily accessible to a homeowner are also easily found by a burglar. Criminals know the common hiding spots for firearms and will ransack a home to find them.
- All firearms have serial numbers; however, not all serial numbers are documented in a database. Be sure you have documented the serial numbers on ALL your firearms.
- Unsecured firearms in the hands of a criminal pose a threat to the homeowner who interrupts a burglary.
- Stolen firearms end up on the street and in the hands of criminals who use them to commit a variety of crimes.
- Learn how to properly store your weapons and ammo so that it is accessible to only you.

Leadership (1 hr)

- Brush up your skills on marketing, motivating and management in this training. Tightening up your meeting agendas, recruiting new members, and board development are the foundation of this training. Building a strong group that will persevere into the future, long after you are gone, should be a good leader's goal.

Metal Theft (1 hr)

- Learn to protect your catalytic converters and copper wiring through this very interesting presentation taught by our Metal Theft team.

Neighborhood Emergency Preparedness

Are you ready?

In the past few years, Sacramento has had tornados, floods, earthquakes, and fires. We must be ready for the next round of disasters because as they say, "It is not "if" it happens, it is "when" it happens." Learn how to get yourself and your family member ready.

3-pronged training approach:

- Information about all the critical occurrences that can happen in our area.

- Make a plan with your family, co-workers, neighbors, and housemates.
- Build a “Go Kit” for each member of your household including pets.

Neighborhood Watch 101 (1 hr)

(English and Spanish)

- The goal of this presentation is to inform participants of the importance of Neighborhood Watch and provide strategies on starting a Neighborhood Watch program within their community or reviving a flagging group.
- It is also about establishing a culture of “safety first” in all of the group’s actions and to discuss the basic structure of the org., meeting logistics, contact list, officers, and how to safely be the “eyes and the ears” for the police.
- Additionally, we address all the ways our police force can interface with the community and the social media that is available.

Personal and Home Security (2 hrs)

- Increase your awareness so that those simple *mistakes that we all make* don’t leave you vulnerable to crime.
- Basic crime prevention in your everyday life.

Personal and Home Security Holiday Version (1hr)

- In all the excitement, holiday time can be fraught with peril.
- This training talks about fire hazards, decorating mishaps, auto burglaries and much more.

Personal and Home Security for Seniors (1 hr)

Seniors are among the most vulnerable members of our community. This training focuses on educating students on methods in which the elderly are targeted and prevention:

Vulnerable points for the elderly:

- Financial and physical abuse by caretakers (often including loved ones)
- Coming from a generation brought up to be generous in their donations makes seniors vulnerable to financial donation scams
- A desire to remain independent can lead to feelings of embarrassment at having fallen victim to a scam and un-willingness to talk about it or ask for help.

Who should attend this training: This training is for anyone who is a senior/those with special needs or anyone who cares for those members of our community.

Personal and Home Security

Basic crime prevention in your everyday life.

We are all guilty of become complacent in our everyday lives and not paying close attention to our surroundings. We often leave things visible in our cars, do not notice who may be parked in the car next to ours, and open our doors to strangers. This training focuses on increasing the students’ awareness of their surroundings and provides tips on simple changes that will make them less likely to be targeted by a criminal.

Who should attend this training: This training is for anyone interested in increasing their level of personal security and awareness. This is a good basic training class, even for someone who feels they are fairly aware of how to keep themselves safe.

Personal and Home Security Summer Version (1.5 hrs)

- Water, Poison Oak, Sunburn, Sunstroke, mowing, fires, and bites! Oh my!

Reporting: Code Enforcement and Crime (1hr)

This training is one of the fundamental trainings for Neighborhood Watch groups. The pride of home ownership comes alive with the neighborhood free of code violations.

You will be instructed in the following skills:

- Identifying exactly what a code violation is and why it is important to clear them from your neighborhood.
- Who and how to report violations.
- The new “Code Enforcement Liaison” program and how it affects you.
- How teaching your neighbors to call in about code violations, you are training them to call about suspicious activities and crimes.
- An in-depth training about how to call into our Dispatch center.
- How to take a good description of a car or perpetrator and transfer that information to Dispatch.
- Learn what constitutes a non-emergency call as opposed to an emergency.
- Hands-on skill building exercises to reinforce your lessons.

Without neighbors who are watching and calling, there is no Neighborhood Watch. In this training, we focus on the skills required to make a good “observer” and an excellent “reporter.”

Who should take this training: Everyone who is in a Neighborhood Watch group or Association.

Scams and Schemes (1.5 hrs)

This training is focused on the various common scams that are being perpetrated by criminals throughout Sacramento area. In addition, students can expect to learn ways to protect themselves and their loved ones from falling victims to these scams.

Types of scams covered:

- Identity theft
- Phone scams
- Internet scams
- Scams targeting the elderly
- Home improvement scams
- Credit card scams

The goal of the training is to provide students with a general awareness of scams that they may encounter as well as the ability to identify a person who is attempting to scam them before they are successful.

Who should take this training: This training is for anyone who is concerned with falling victim to a scam, has fallen victim of a scam, or has loved ones who might be potential scam victims.

Start Your Own Watch Group Spanish Version (1 hr)

- The goal of this presentation is to inform participants of the importance of Neighborhood Watch and provide strategies on starting a Neighborhood Watch program within their community. It is also about establishing a culture of “safety first” in all of the group’s actions and to discuss the basic structure of the org., meeting logistics, contact list, officers, and how to safely be the “eyes and the ears” for the police.

Welcome to Neighborhood Watch (20 min)

- A very brief intro to Neighborhood Watch which includes a few of the basics: your first meeting, outreach, suspect identification, and reporting to dispatch.