Sacramento Police Department

Bike Team Training Day

Statement of Purpose: The purpose of this course is to reinforce skills and train in scenarios for bike patrol.

I. Lecture – recent trends on crowd management
   A. Crowd behavior
   B. Anarchist tactics

II. Physical maneuvering - Basic
   A. Warm Up – Instructors
   B. Cone patterns for skills refresher and testing
   C. Formation drills

III. Physical maneuvering - Advanced
   A. Challenges to test advanced skills
      1. Cones for slalom course to test tight turns
      2. High speed stopping and braking, sharp turn and balance drills

IV. Bike Maintenance refresher

V. Lecture and classroom - afternoon
   A. Dealing with flying objects
   B. Rescues – Antifa rush a motor officer – play video
   C. Discuss environment/locations

VI. Assaultive protester scenarios