

Sacramento Police Department
Mandatory Academy Follow-up Training

2022

The following course is offered to academy graduates as they enter the field training program at the Sacramento Police Department. These new officers are brought back to the training environment several times as they progress through the field training.

Course Title: Max Restraint Device

Course Description: Instructors will demonstrate how to use the Max Restraint System (2x minimum)

Course Objective: Instructors will touch on requirements of placing max restraints to include supervisor notification, subject already handcuffed, two officer minimum, and monitoring for recovery and position. Stress importance of placing the strap over the hand cuffs to help hold arms close to the body

Representative Methods of Evaluation: Students will break up into groups of three or four and practice the application of the max restraints (2x each minimum), as well as properly demonstrate the application while being viewed by an instructor