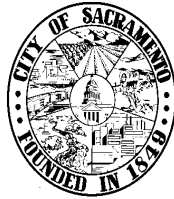


CITY OF SACRAMENTO
MEDIA ADVISORY



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FOR IMMEDIATE RELEASE

Access Leisure Program and U.S. Paralympics to Host 2010 Sacramento Paralympic Experience

Sacramento, California, March 5, 2010—Access Leisure announced today that it will host the **2010 Sacramento Paralympic Experience** in conjunction with U.S. Paralympics, a division of the U.S. Olympic Committee. The event is scheduled for March 20 at California State University - Sacramento, 6000 J Street, Sacramento.

“Our goal for the Sacramento Paralympic Experience event is to find as many youth athletes with physical or visual disabilities and get them involved in our local Paralympic Sport Sacramento club programs,” said Program Supervisor Annie Desalernos.

The 2010 Sacramento Paralympic Experience will introduce students with physical disabilities, ages 12-18, to Paralympic sports. In addition to hands-on participation in Track and Field, Goalball, Wheelchair Basketball and Handcycling, the students will interact with Paralympic athletes and coaches. There will also be educational sessions on Paralympic sports for parents, teachers, coaches, program leaders and rehabilitation specialists.

“The Paralympic Experience program encourages physical fitness and overall well-being in children with physical disabilities, and we are thrilled to be working with Access Leisure on this initiative,” said Charlie Huebner, USOC chief of Paralympics. “Research shows that youth with physical disabilities who participate in physical activity are healthier, more successful in school and have an enhanced quality of life.”

Paralympic Experience events are being held in communities throughout the country. For registration information on the Paralympic Sport Sacramento event, visit www.accessleisuresac.org or call (916) 808-2340. Participation in the Experience is free.

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About ACCESS LEISURE:

Access Leisure provides sports for youth with disabilities through its River Cats Independence Field leagues and Paralympic Sport Sacramento clubs. Access Leisure also offers outdoor education, residential camping, social experiences, and fitness programs. All are designed to *"Optimize the Experience of Living"* for youth and adults with special needs. Access Leisure programs foster independence, promote healthy lifestyles through physical activity, and create positive social environments for children with disabilities to build peer groups and develop life-long friendships.

About U.S. Paralympics:

U.S. Paralympics, a division of the U.S. Olympic Committee, is dedicated to becoming the world leader in the Paralympic sports movement and to promoting excellence in the lives of persons with physical disabilities. Visit the U.S. Paralympics Web site at www.usparalympics.org.

Media-related inquiries can be forwarded to Hindolo Brima at (916) 622-8066; or Steve Hornsey at (916) 808-2340 and shornsey@cityofsacramento.org.

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