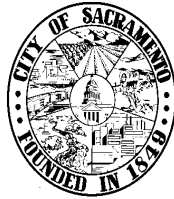


CITY OF SACRAMENTO
MEDIA ADVISORY



DEPARTMENT OF PARKS AND RECREATION

Contact: Hindolo Brima, Media and Communications Specialist

(916) 808-5972 • FAX: (916) 808-7643

email: HBrima@cityofsacramento.org

915 I Street, Fifth Floor, Sacramento, CA 95814

FOR IMMEDIATE RELEASE

New Community Garden to serve neighbors and help fight an ever-growing youth obesity epidemic

Sacramento, California, April 8, 2010—The youth obesity epidemic and its negative health impacts is threatening to rob many youth in our community of their ability to live healthy and productive lives. Youth are in need of healthy foods. Community gardens everywhere have been shown to be wonderful sources of affordable, healthy and nutritious foods.

This Saturday, Councilmember Kevin McCarty, Congresswoman Doris Matsui, SCUSD Superintendent Jonathan Raymond, and southeast Sacramento residents will celebrate the opening of a new community garden on the grounds of Tahoe Park Elementary School.

“With the opening of the community garden at Tahoe Park Elementary School, the southeast Sacramento community is demonstrating its commitment to ‘slow foods’-- healthy, natural foods that are grown in ways that don’t harm the earth--rather than fast foods,” said Councilmember McCarty. “All members of our community will benefit from the foods grown at this community garden, particularly children and youth.”

The community garden grand opening and slow food festival will take place this **Saturday, April 10**, from **10 a.m. - 1 p.m.** at **Tahoe Park Elementary School - 3110 60th Street** (corner of 60th Street and 8th Avenue)

Media-related inquiries can be forwarded to Maria Alvarez at (916) 708-2781.

#####