

# Transportation Options for Sacramento Seniors



A publication from the *Caring Neighborhoods Program, Older Adult Services, City of Sacramento, Department of Parks and Recreation*

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<p><i>Caring Neighborhoods</i></p>	<p><b>Caring Neighborhoods Program</b> City of Sacramento 2921 Truxel Road Sacramento, CA 95833</p>	<p>CITY OF SACRAMENTO DEPARTMENT OF PARKS AND RECREATION</p>
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# Major Public Transportation Services



## Sacramento Regional Transit (916) 321-BUSS (2877) [www.sacrt.com](http://www.sacrt.com)

- ◆ Fares for seniors 62+: \$1.10 fare, \$3 daily pass, \$25 semi-monthly pass, \$50 monthly pass
- ◆ Seniors 80+ are eligible for a **FREE** Lifetime Pass
- ◆ Mobility Training, through Paratransit, is a **FREE** course to help seniors use Regional Transit buses and Light Rail safely and independently. Training includes practice rides with a coach on



## Neighborhood Ride Shuttle Service-RT (916) 556-0250, [www.sacrt.com](http://www.sacrt.com)



- ◆ Fares for seniors 62+: \$0.55 plus \$1.10 each way for route deviation from RT fixed route
- ◆ Provides curb-to-curb service and route deviation up to 3/4 mile from
- ◆ select fixed routes for seniors 62+ years; Connects to RT bus and Light Rail fixed routes alleviating accessibility obstacles such as weather,
- ◆ sidewalk impediments, or distance to RT stop



## Capital City Hospital Shuttle Service-RT

- ◆ **FREE** weekday shuttle to selected local hospitals available to the general public, including patients, employees, visitors, etc.
- ◆ Shuttles connect to various RT bus and Light Rail routes
- ◆ Participating Hospitals



Mercy General Hospital (916) 453-4722  
Sutter General/Sutter Memorial Hospitals (916) 361-5466  
UC Davis Medical Center (916) 734-8630

# Major Public Transportation Services - continued



**Paratransit, Inc.**  
(916) 429-2009, [www.paratransit.org](http://www.paratransit.org)

- ◆ Fares: \$4.50 each way, \$8 each way to the airport
- ◆ For seniors 75+ or individuals with a disability in need of door to door assistance
- ◆ Door to door service with assistance provided
- ◆ Prior to using service, riders must sign up through Paratransit
- ◆ Paratransit may provide transportation to approval appointments for applicants in need



**E-Tran, Elk Grove Transit**  
(916) 683-8726, [www.e-tran.org](http://www.e-tran.org)

- ◆ Fares for seniors 62+:  
\$0.75, \$1.75 daily pass,  
\$30 monthly pass,  
\$0.50 plus fare for route deviation
- ◆ Seniors 75+ are eligible for a **FREE** Lifetime Pass
- ◆ Route deviation up to 3/4 mile from fixed route available to seniors 62+ for additional fare
- ◆ **FREE** for Lifetime Pass holders
- ◆ Call (916) 429-2667 for more information



**E-Van, Elk Grove Transit**  
(916) 683-8726, [www.e-tran.org](http://www.e-tran.org)

- ◆ Fares for seniors 62+:  
\$3 locally (EG/South Sac),  
\$4 regional,  
\$8 to the airport,  
\$100 monthly pass
- ◆ For seniors 75+ or individuals with a disability in need of door to door service
- ◆ Door to door service with assistance provided
- ◆ Prior to using service, riders must sign up through E-Van, (916) 557-4685

# Major Public Transportation Services - continued



## Folsom Stage Line (916) 355-8395

(also see Dial-A-Ride services next page)

- ◆ Fares for seniors 55+: \$1.10, \$50 monthly pass
- ◆ Connects to RT bus and light rail services
- ◆ Dial-A-Ride services available to seniors 55+



## South County Transit (209) 745-3052 or (800) 338-8676 [www.sctlink.com](http://www.sctlink.com) (also see Dial-A-Ride services)

- ◆ Fares for seniors: \$0.50-\$3.50 based on trip
- ◆ Provides curb-to-curb service for seniors living a distance from bus stops
- ◆ Connects to RT bus and light rail services
- ◆ Serves Galt, Elk Grove, Delta, South Sacramento, and surrounding areas
- ◆ Dial-A-Ride services available



# Smaller Public Transportation Services



## Eskaton Companionship Plus (916) 334-1072, [www.eskaton.org](http://www.eskaton.org)

- ◆ Fare: \$25 per hour first 15 miles, plus \$0.60 per additional mile
- ◆ Serving seniors in Sacramento, Carmichael, Fair Oaks, Citrus Heights, Elk Grove, and Rancho Cordova
- ◆ One on one transportation
- ◆ Call for eligibility



## Asian Community Center Rides (916)393-9026 x233, [www.accsv.org](http://www.accsv.org)

- ◆ Fare: \$2 each way
- ◆ Serves ALL seniors 55+ in zip codes 95831, 95822, 95818, 95814, and 95823
- ◆ Door to door shuttle service
- ◆ Priority given to participants in ACC Programs

# Smaller Public Transportation Services - continued



## Dial-A-Ride

- ◆ Provides curb to curb service for seniors
- ◆ Schedule service in advance

**Elk Grove (916) 686-4736 or (916) 685-3160**

- ◆ Fare: \$2 each way, \$20-10rides card
- ◆ Serves seniors in Elk Grove and
- ◆ South Sacramento, including Methodist and Kaiser hospitals

**Galt/Delta/Southeast Sacramento County  
(209) 745-3052 or (800) 338-8676,  
www.sctlink.com**

- ◆ Fare: \$1.75 each way,  
\$15.75-10rides card,  
\$0.50 in Delta,  
\$1.50-\$3.50 to other communities
- ◆ Serves seniors 65+ in Galt, Southeast Sacramento County, and Delta Communities

**Folsom (916) 355-8347 (Folsom Stage Line)**

- ◆ Fare: \$4 each way, \$95 monthly pass
- ◆ Serves seniors 55+ within Folsom city limits



**Stanford Settlement  
(916) 927-1303,  
www.stanfordsettlement.org**

- ◆ Transportation to and from senior center and medical appointments
- ◆ Serves seniors 60+ years in Natomas and North Sacramento zip codes 95815, 95833, 95834, 95835, and 95838



**North Natomas Transportation  
Management Assn.  
(916) 419-9955,  
www.northnatomastma.org**

- ◆ Fare: \$1 each way
- ◆ "The Flyer" Community Shuttle program in North Natomas providing public transit for Natomas residents



**American Cancer Society  
(916) 446-7933, (866) 444-7672**

- ◆ **FREE** service for elderly cancer patients
- ◆ Transportation to medical appointments
- ◆ Schedule service in advance 24 hours a day



**Saints  
(916) 568-5093**

- ◆ Fare: Based on service
- ◆ Transportation services for seniors
- ◆ Registration required

# Smaller Public Transportation Services - continued



**JFS Ride—Jewish Family Services**  
(916) 484-4400. [www.jfssac.org](http://www.jfssac.org)

- ♦ Fare: \$3 each way
- ♦ Door to door shuttle service
- ♦ Serves elderly JFS clients and donors
- ♦ Registration required



**Sacramento Lao Family Community**  
(916) 424-0864 or (916) 331-0323,  
[www.saclaofamily.org](http://www.saclaofamily.org)

- ♦ **FREE** service, donations accepted
- ♦ Schedule in advance, based on availability
- ♦ Serves ALL seniors 65+ in South Sacramento



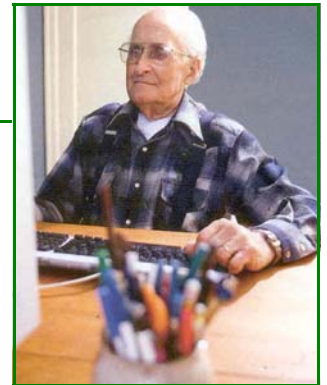
**Greater Sacramento Urban League**  
(916) 286-8601, [www.gsul.org](http://www.gsul.org)

- ♦ **FREE** service for seniors 60+
- ♦ Transportation to medical appointments and community services
- ♦ Serves seniors in zip codes 95815 and 95838



**Lutheran Social Services of Northern California**  
(916) 453-2900 x208,  
[www.lssnorcal.org](http://www.lssnorcal.org)

- ♦ Transportation to medical appointments for LSS program participants
- ♦ Registration required



## Private Transportation Services

- ♦ For a listing of private transportation services, call The Senior Connection (916) 334-1072
- ♦ Services available in the yellow pages under subject headings: Taxicabs, Disabled Services, Transportation, Airport Transportation Service, or Ambulance Service
- ♦ Some medical transportation services accept payment by private insurance/Medi-Cal
- ♦ Some taxicab services offer discount fares for seniors



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