



For Immediate Release  
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## **Region comes together to host event for seniors impacted by recession**

More than a dozen local non profit agencies will be hosting an event to connect seniors with the services they need in this tough economy.

With calls continuing to come in, the City of Sacramento, Senior Legal Hotline, County of Sacramento, Volunteer Center of Sacramento and the Ethel Hart Senior Center agreed to host a fifth *SENIOR CONNECT* for senior citizens – especially those living in and around mid-town Sacramento. **Senior Connect will be held Wednesday, March 16, from 9 a.m. – Noon at the Ethel Hart Senior Center located at 915 27<sup>th</sup> Street, Sacramento (27<sup>th</sup> and J).**

Organizations to be represented at the event include the Society for the Blind, Senior Legal Hotline, Seniors Helping Seniors, Foster Grandparents, 211-Infoline Sacramento, Sacramento Food Bank and more.

There will also be FREE legal consultations by Senior Legal Hotline counselors, FREE groceries, FREE snacks and FREE clothing provided by the Sacramento Food Bank.

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Attn: Seniors! Don't miss this event. Come get free groceries, free snacks, and ask questions about getting help in this tough economy - we've created this event for you! Please call Ethel Hart Senior Center at (916) 808- 5462 for more information about Senior Connect.

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