

## 2009 Weekly Camp Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	
<p><i>Continental Breakfast every morning at 7am includes:</i></p> <p><i>Cereal, Muffins Bagels ,Yogurt Cottage Cheese Fruit</i></p> <p>Coffee, teas, milk, juice, hot cocoa</p>	<p>Pancakes Scrambled Eggs Bacon Sausage Oatmeal</p> <p>Banana Muffins</p> <p>Coffee, teas, milk, juice, hot cocoa</p>	<p>Breakfast Burrito Bar Scrambled Eggs Bacon Sausage Cream of Wheat Blueberry Coffee Cake</p> <p>Coffee, teas, milk, juice, hot cocoa</p>	<p>French Toast Scrambled Eggs Bacon Sausage Oatmeal</p> <p>Almond Poppyseed Muffin</p> <p>Coffee, teas, milk, juice, hot cocoa</p>	<p>Pancakes Scrambled Eggs Bacon Sausage Cream of Wheat</p> <p>Filled Coffeecake</p> <p>Coffee, teas, milk, juice, hot cocoa</p>	<p>Egg Strata Omelet Bar Bacon Sausage Country potatoes Oatmeal Cinnamon Rolls</p> <p>Coffee, teas, milk, juice, hot cocoa</p>	
12:30 - 2:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	
<p>Sandwich Bar: Roast Beef Turkey Salami Ham PB&amp;J Salad Bar Dessert: Oatmeal Cookies</p>	<p>Soup Bar Grilled Cheese Fruit Salad Salad Bar</p> <p>Dessert: Shortbread Cookies</p>	<p>Sloppy Joes: Meat &amp; Vegetarian Oven Fries Salad Bar</p> <p>Dessert: Peanut Butter Cookies</p>	<p>BBQ @ Pope Beach Hamburgers Hot Dogs Veggie Burgers Salad Bar</p> <p>Dessert: Ginger Cookies</p>	<p>Tostadas Quesadillas Refried &amp; Black Beans Salad Bar</p> <p>Dessert: Snickerdoodles</p>	<p><i>Salad Bar available at all Lunch and Dinners Includes Specialty Salad listed.</i></p>	<p><i>Assorted Drinks available throughout the day including:</i></p> <p><i>Ice Tea Lemonade Coffee Milk Juice</i></p>
Wine Social 4:30	Softball Social 2:00					
6:00 PM	5:30 PM	5:30 PM	5:30 PM	5:30 PM		
<p>Pasta w/ Marinara Meatballs Pesto/Alfredo Penne Vegetable Blend Garlic Bread Salad Bar Caesar Salad Dessert: Spumoni &amp; Vanilla Ice Cream</p>	<p>Enchiladas <b>Tacos</b> Spanish Rice Refried &amp; Black Beans Salad Bar Southwest Bean &amp; Corn Salad</p> <p>Dessert: Apple Crisp</p>	<p>BBQ Chicken Ribs <b>Hot dogs</b> Marinated Tofu Corn on the Cob Ranch Beans Cornbread Salad Bar Coleslaw Dessert: Watermelon</p>	<p>Teriyaki Chicken <b>Chicken nuggets</b> Thai Fried Rice Stir Fry Veggies Yakisoba Noodles Egg rolls Salad Bar Cucumber Salad</p> <p>Dessert: Raspberry Bars</p>	<p>Tri-Tip Salmon w/Salsa <b>Fish sticks</b> Mashed Potatoes Vegetable Blend Rolls Salad Bar Spinach Salad</p> <p>Dessert: Chocolate Cake</p>		<p><b>Entrees: for the kids</b> Blue: Specially salads</p>
Chocolate Chip Cookies	Brownie Surprise	Ice Cream Social	Pizza Build	Rice Crispy Treats		Evening treats