

Sample Weekly Camp Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Pancakes Scrambled Eggs Bacon Sausage Oatmeal Muffins	Breakfast Burrito Bar Scrambled Eggs Bacon Sausage Cream of Wheat Blueberry Coffee Cake	French Toast Scrambled Eggs Bacon Sausage Oatmeal Scones	Pancakes Scrambled Eggs Bacon Sausage Cream of Wheat Filled Coffeecake	Omelet Bar Biscuits & Gravy Scrambled Eggs Bacon Sausage Hash Browns Oatmeal Cinnamon Rolls	<i>Continental Breakfast every morning at 7am includes: Cold Cereals Muffins Bagels & Toast Yogurt, Fruit Cottage Cheese</i>
Sandwich Bar: Roast Beef Turkey Salami Ham PB&J Salad Bar Fruit Bowl Dessert: Cookies	Soup Bar: Chicken Noodle Tomato Split Pea Grilled Cheese Fruit Salad Dessert: Cookies	Sloppy Joes: Meat & Vegetarian Oven Fries Onion Rings Salad Bar Fresh Fruit Dessert: Cookies	Tostadas Quesadillas Refried & Black Beans Chips and Salsa Fruit Bowl Dessert: Cookies	BBQ, Pope Beach Hamburgers Hot Dogs Veggie Burgers Macaroni Salad Chips Watermelon Dessert: Cookies	<i>Salad Bar available at all Lunch and Dinners Includes Specialty Salad listed.</i>	<i>Assorted Drinks available throughout the day including: Ice Tea Lemonade Coffee Milk Juice</i>
Wine Social 4:30 PM	Softball Social 4:00PM					
Pasta w/ Marinara Meatballs Pesto/Alfredo Penne Vegetable Blend Garlic Bread Salad Bar Caesar Salad Dessert: Spumoni & Vanilla Ice Cream	Enchiladas Tacos Spanish Rice Refried & Black Beans Salad Bar Southwest Bean & Corn Salad Dessert: Apple Crisp	BBQ Chicken Ribs Hot dogs Marinated Tofu Corn on the Cob Ranch Beans Cornbread Salad Bar Coleslaw Dessert: Watermelon	Pizza: Cheese Pepperoni Garlic Chicken Vegetarian Minestrone Soup Salad Bar Dessert: Ice Cream Social	Tri-Tip Salmon w/Salsa Fish sticks Mashed Potatoes Vegetable Blend Rolls Salad Bar Spinach Salad Dessert: Chocolate Cake		Red = Optional entrée for kids Blue = Specialty Salad
ChocChip Cookies	Smores	Brownie Surprise		Krispie Treats		Evening treats