



DEPARTMENT OF PARKS AND RECREATION

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FOR IMMEDIATE RELEASE

Spirit of the Olympics alive and well in local children as they compete at the *2008 Jr. Olympics: Saturday*

Sacramento, California, August 1, 2008—This Saturday, one week before the Opening Ceremony of the 2008 Olympics in Beijing, China, children from all corners of Sacramento and surrounding communities will come together to compete in the 2008 Jr. Olympics Competition. The media is encouraged to attend as future Olympic stars compete on **Saturday, August 2nd**, at **Hiram Johnson High School** from **9 a.m. to 12 p.m.**

The 2008 Jr. Olympics will feature 5 to 12-year-olds competing in the 40, 50, and 75-yard Dash, Heave Ho (Reverse Softball Throw), Javelin, Long Jump, Obstacle Course, and the 200 and 300-yard Relays.

Over the past months, approximately 1,400 children have taken part in area competitions for the opportunity to compete at the 2008 Jr. Olympics. On Saturday, the top three finishers in those competitions will compete against one another.

The children and youth who compete in the Jr. Olympics are also participants in the Department of Parks and Recreation's programs for children and families. The competitions teach children valuable lessons about sportsmanship while nurturing their self-confidence.

Details:

Event: 2008 Jr. Olympics Competition
Date: Saturday, August 2
Location: Hiram Johnson High School - 6879 14th Ave.
Participants: Children and youth between the ages of 5 – 12.

Media-related inquires can be forwarded to Hindolo Brima, Media and Communications Specialist, Department of Parks and Recreation, at (916) 622-8066.

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