



DEPARTMENT OF PARKS AND RECREATION

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FOR IMMEDIATE RELEASE

***Mormon Helping Hands Volunteers Help Make Sacramento Parks and Park Amenities Even More Inviting:
Saturday, 8 a.m. - 12 p.m.***

Sacramento, California, May 7, 2010—On **Saturday, May 8**, from **8 a.m. - 12 p.m.** over 1,000 *Mormon Helping Hands* volunteers will help make Land Park even more inviting, make the bike ride along Redbud Bike Trail more scenic, and help build a community garden that will provide Natomas residents with healthy and nutritious food.

Land Park-area Volunteer Activity

Project Site 1: William Land Park - 3800 Land Park Drive

Activities: Historic trail restoration, powerwashing park amenities, landscaping, gardening, laying sod, tree maintenance, and pond clean-up.

Onsite Media Contact: Lindsay Bendinger, (801) 243-6469

Natomas-area Volunteer Activities

Project Site 1: Sparrow Community Garden - (Intersection of Natomas Crossing Drive & Carneros Creek Way)

Activities: Building of a 12 bed community garden with 2 ADA garden beds, hose bibs, picnic table and tool storage. Volunteers will also clear weed and growth in San Juan Reservoir Park - 3320 Witter Way.

Project Site 2: Redbud Bike Trail Clean-up and Beautification - (Starting at Redbud Park-- Brookmere Way & Allard Court--and ending at Mabry Drive.)

Activities: Eighty-six (86) trees planted along the bike trail. Volunteers will also clear weeds and spread mulch along the bike trail and within Redbud Park - 5201 Brookmere Way.

Onsite Media Contact: Randi Kay Stephens, (916) 267-5710

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