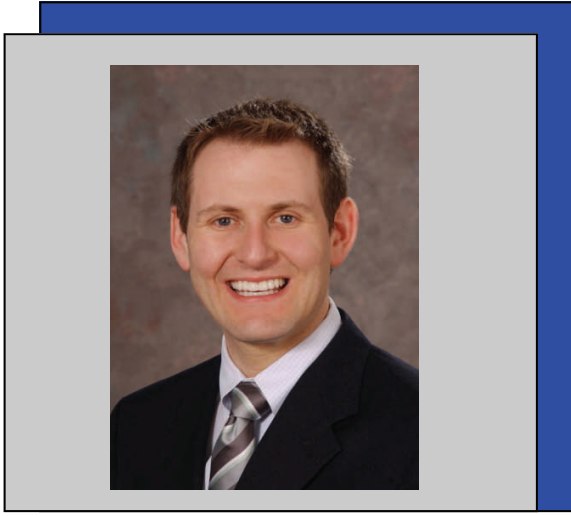


Sleep and Senior Health



Steven Brass, M.D., M.P.H.
Co-Medical Director of the
Sleep Division
UC Davis Health System

Tuesday, October 20th from 1:30-2:30pm

Dr. Brass will visit the Hart Senior Center to explain:

- Reasons for which we sleep
- How sleep changes as we get older
- Causes of sleep problems as we age

Please sign up in advance by visiting or calling the reception desk.

915 27th Street (916) 808-5462

