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## Walk McKinley Park 601 Alhambra Boulevard

Walk Route Notes: Begin at the entrance to Clunie Clubhouse (a treasure trove of city history) and McKinley Library at the intersection at Alhambra and H streets. Walk a loop around the park on the paved or dirt path. Pass McKinley Village Playground -- home to wooden castles kids love to rule! Walk past playing fields and basketball courts. Note the trees in McKinley Park...they include Elm, Eucalyptus and Ginko. Want extra steps? Include the Iva Shepard Garden and Art Center in your loop. Finish at the duck and goose pond. Have a good stretch at the Village Playground commemorative wall of kids hand prints (subject of this walk's cover art). Cool down with a calm walk through the rose garden of nearly 200 bushes in over 150 varieties.

East Sacramento's McKinley Park loop is a magnet for people who exercise -- from walkers to runners to parents with baby strollers. You'll see homes of different architectural styles and lots of other park-in-the-city sights to talk about on your McKinley Park walk.

### CREDITS

#### Walktopia

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### SPECIAL THANKS

#### Sacramento Tree Foundation

- :: Joni Ramirez, Urban Forest Special Projects Coordinator
- :: Fran Clarke, UC Master Gardener

#### Sacramento Rose Society

- :: Betty Ann Cassina, Secretary and Past President

#### Sacramento Department of Parks and Recreation

- :: Kimberly Metcalf, Coordinator, 50+ Wellness
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## McKinley Park: *a walk in the park*

Walk Route  
Tour Map  
Estimate of steps,  
miles, minutes and  
calorie burn

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Sacramento's public parks are the "health club" in everyone's backyard.

At the parks, you can walk an easy loop, set your own pace and enjoy nature, too!

You can use this *Walk In The Park* as part of your plan to get 10,000 steps a day for wellness.

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**McKinley Park Family Walk**

**3330 McKinley Blvd.**

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**No Alcohol**   **No Amplified Sound**

**3330 McKinley Blvd.**

Route	Distance	Steps	Calories	Time
Loop	.75 miles	1,500 steps	60-90 calories	13-18 minutes
Shepard Extension	.25 miles	500 steps	20-30 calories	4-6 minutes

**Start walk** (indicated by an arrow pointing to the Community Center/Library)

You can download the *Walk in the Park* maps at

{ [HYPERLINK](http://www.cityofsacramento.org/park_sandrecreation/ohs/50%2B.htm) "http://www.cityofsacramento.org/park\_sandrecreation/ohs/50%2B.htm" }

Got a story about your 'Walk in the Park' or some interesting park walk photos? Please share them!

Send your story or photo to

