

Teen Programs

High School After School Programs

High school students will have an opportunity to strengthen social skills, improve confidence, problem solving and decision making abilities, elevate physical and academic performance, and most of all, meet new friends, learn new skills and have fun all in a safe environment. The after school program consists of academic support (tutoring, CAHSEE Prep., and homework assistance) as well as a variety of recreation and enrichment activities (sports and fitness, nutrition and cooking, visual and performing arts, multi-cultural activities, vocational training and life skills education, leadership development, field trips and other incentives). Most sites operate from 1-4pm, with exception of Grant 1-5pm, M-F, June 28-Aug. 6th. This ongoing program is free. For more information call 808-8929.

School Year Locations:

- Luther Burbank High School 3500 Florin Rd.
- Hiram Johnson High School 6879 - 14th Ave.
- Valley High School 6300 Ehrhardt Ave.
- George Washington Carver 10101 Systems Parkway
- Grant High School 1400 Grand Ave.
- CK McClatchy High School 3066 Freeport Blvd.

Program locations subject to change

PASSage/ASES After School

Middle school students will have an opportunity to strengthen social skills, improve confidence, problem solving and decision making abilities, elevate physical and academic performance, and most of all, meet new friends and have fun! Participants will engage in a variety of exciting and challenging activities such as academic enrichment, sports, visual and performing arts, martial arts, multi-cultural activities, life skills education, special events, trips and much more! Most sites operate from 12:30-4pm, M-F, June 28-Aug. 6th. This ongoing program is free. This summer programs will be held at high school Locations. For more information call 808-5611.

- Kit Carson MS @ Hiram John High School 6879 14th Ave.
- California MS @ CK McClatchy High School 3066 Freeport Blvd.
- John Still MS @ Luther Burbank High School 3500 Florin Rd.
- Albert Einstein MS @ Rosemont High School 9594 Kiefer Blvd.
- Sam Brannan @ Kennedy High School 6715 Gloria Dr.

Program locations subject to change

Prime Time Teen

Prime Time Teen Youth Program is a life skills, vocational skills and after school opportunity for ages 14-18. During the 8 week course we will help to develop skills in the areas of leadership, team building, communication, decision making, and civic engagement. Vocational workshops include resume writing, mock interviewing, on-line job search and navigating the community using mass transit. The facilitator will also guide youth in planning a community service learning project to be implemented within the 8 weeks. Youth will attend class

six hours per week, unless there is a planned field trip where an additional day will be scheduled. Prime Time Teen is provided in partnership with Sacramento Housing and Redevelopment Agency. For more information. 808-8929.

Program is free.

Prime Time Teen locations/dates & times

Robertson CC	3525 Norwood Ave	06/15	T/Th	5-8pm
Elmo Slider Clbhse	7851 35th Ave	06/21	M/W	12nn-3pm
S. Pannell CC	2450 Meadowview Rd.	06/21	M/W	4pm-7pm
Oak Park CC	3425 MLK. Blvd.	06/22	T/Th	1pm-4pm

Teen Unity

Teens ages 13-17 will build self-esteem, social skills, and decision making through a variety of activities such as board games, sports, arts & crafts, social activities, special events, guest speakers, field trips, and much more! Special events include skating, dances and other exciting activities. For more information on this program call 808-8382.

Cost: \$20 per teen for the summer

06/28-08/20	M-F	3-7:30pm	E. Moore CC	1402 Dickson St.
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28th and B Skate Park

Skaters are invited to ollie and grind our newly expanded street course of quarter pipes, fun boxes and grind rails. Sessions are M-F 4-9pm and Saturday and Sunday. 12nn-9pm. The cost is \$3 per session. All sessions are supervised. All participants are required to wear helmet, knee and elbow pads. A limited number are available to rent for \$1 per session. We are located at Sutter's Landing Regional Park at 28th and B Streets (over the railroad tracks). We also rent the park for birthday parties on weekends, between the hours of 10am-12nn for \$10.00 per child; (with a \$100.00 min). For more information please visit our web site at www.cityofsacramento.org/parksandrecreation/skateboard.htm or call 808-5611

Spring & Summer Skate Camps

March 29th- April 2nd	10am-1pm	Cost: \$150.00
June 28th-July 2nd	10am-1pm	Cost: \$150.00
July 19th-July 23rd	10am-1pm	Cost: \$150.00
Aug 16th-Aug 20th	10am-1pm	Cost: \$150.00

Instruction w/local Pro Skater's; Matt Rodriquez & Matt Pailles.

Community Access/Rosa Parks Middle School

Community Access is an extended evening program for youth and their families. This program offers a place for social interaction, builds family unity, educates children and adults. Activities include: a cooking class, sports, open game room, drill team, educational classes and enrichment dance classes. If you want to start a club or have a skill to share, come to Community Access. This ongoing Wednesday program is free. For more information call 433-5408 or 808-8382

Rosa Parks MS	2250 68th St	6-9pm
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Activities in this section may be affected by possible budget reductions. Before submitting a registration form, please call the program's phone number to make sure the activity is being offered as listed.

Programs subject to change or cancellation.