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**CITY OF SACRAMENTO  
NEIGHBORHOOD SERVICES DEPARTMENT**

**GENERAL RELEASE – VOLLEYBALL**

**SINCE VOLLEYBALL CAN BE DANGEROUS, THE CITY OF SACRAMENTO REQUIRES ALL PARTICIPANTS TO ASSUME ALL RISKS BY SIGNING THIS GENERAL RELEASE.**

For and in consideration of being permitted to participate in City of Sacramento and County of Sacramento volleyball activities, I hereby voluntarily release, discharge, waive and relinquish any and all claims or actions for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of my participation in volleyball activities during play and while I am at the facility while others play or for any other reason. This release is intended to discharge, in advance, the City of Sacramento, its officers, employees and agents, the County of Sacramento, its officers, employees and agents, its officers and agents, and the owners and maintainers of any facility used for the activities, from any and all liability arising out of or connected in any way with my participation in softball activities, even though the liability may arise out of negligence or carelessness on the part of the City of Sacramento, its officers, agents or employees, the County of Sacramento, its officers, agents or employees, its officers and agents, or the owners or maintainers of the facility.

I further understand that serious accidents occasionally occur during volleyball activities, and that participants occasionally sustain serious personal injuries, death or property damage as a consequence thereof. Knowing the risks, I have voluntarily applied to participate in the activity and hereby agree to assume those risks and to release and hold harmless the City of Sacramento, its officers, employees or agents, the County of Sacramento, its officers, agents or employees, and the GSSA its officers and agents, and the owners and maintainers of any facility used for the activity, who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

I further understand and agree that this release, discharge, waiver, and assumption of risk is to be binding on my heirs, executors, administrations and assigns.

I further agree to indemnify and to hold harmless the City of Sacramento, its officers, employees or agents, the County of Sacramento, its officers, agents or employee, and the Amateur Softball Association, its officers and agents, and the owners and maintainers of the facilities, from any loss, liability, damage, cost or expense which they may occur as a result of any injury pr property damage I may sustain while participating in the activity.

I have read the General Release, understand that I give up substantial rights by signing it, and sign it voluntary. This release shall be a continuing release and shall remain in effect until revoked in writing.

**TEAM NAME:** \_\_\_\_\_

**Night of league play:** \_\_\_\_\_ **Date:** \_\_\_\_\_, 2009

**Name of Participant (PRINT LEGIBLY):** \_\_\_\_\_

**Signature of Participant:** \_\_\_\_\_

The person signing this Release warrants that he/she is the Participant named hereon. Any person signing this Release who is not named Participant agrees to defend, indemnify, and hold harmless the City of Sacramento and other parties hereby from any liability resulting from a determination that the named Participant did not execute this Release.