

# Why Volunteer?

- ◆ Gain new skills
- ◆ Meet new people
- ◆ Make use of talents
- ◆ Develop greater knowledge and understanding of city government
- ◆ Help solve community issues
- ◆ Secure job references
- ◆ Explore career possibilities
- ◆ Personal satisfaction of making a difference



## VOLUNTEER SERVICES

*Department of Human Resources*

921 Tenth Street, 5th Floor

Sacramento, CA 95814

Phone: (916) 808-8317

Heather Fargo  
*Mayor*

Ray Tretheway  
*Council District 1*

Sandy Sheedy  
*Council District 2*

Steve Cohn  
*Council District 3*

Robert King Fong  
*Council District 4*

Lauren R. Hammond  
*Council District 5*

Kevin McCarty  
*Council District 6*

Robbie Waters  
*Council District 7*

Bonnie J. Pannell  
*Council District 8*

Robert P. Thomas  
*City Manager*



For details about any of these opportunities, please contact:

Mary Lynn Perry, Department of Human Resources,

Volunteer Coordinator, City of Sacramento

(916) 808-8317 ◆ [mperry@cityofsacramento.org](mailto:mperry@cityofsacramento.org)

# Volunteer

WITH THE  
CITY OF SACRAMENTO



## Short-term and Special Event Volunteers

Sign up today to help with the many short-term projects and special events. Volunteers help with tours, supervise carnival games at festivals, take photos of an event, hand out flyers, serve as hosts and greeters, help set up booths and staff them, direct participants, serve as runners at events, help with registration, serve refreshments, compile materials, help with recycling activities and, and assist with neighborhood clean-ups and fix-ups. Many of these opportunities are on the weekends and volunteers usually serve in shifts. Many programs are suitable for groups.



*When one volunteers they not only give back to their community, but define themselves as well.*

— Kricia W.

## Community Service Projects

Projects support education and recreation programs for children, teens and older adults. Collect plastic bottles to be used as worm farms, make catnip toys to stimulate and enrich the environment of cats and kittens, make quilted or crocheted lap robes for older adults with memory loss, or collect craft supplies for recreation programs. These projects work well for groups and families and can be done off-site.

Visit our web site:

[www.cityofsacramento.org/volunteers](http://www.cityofsacramento.org/volunteers)

## On-going Volunteer Opportunities

Volunteers assist in most departments. Opportunities exist for docents (tour guides) with an interest in art, history and science. Individuals who wish to help with gardening have several choices and those wishing to help care for animals can be foster families for puppies and kittens and other animals needing special attention. Help older adults with memory loss or disabled teens. Assist with recreation and enrichment activities for youth. Volunteers help too with police services and fire education outreach. These opportunities may require training and volunteers often assist on a scheduled basis. Some require background checks and TB testing.

*Volunteering is the moment you realize that what you have done meant the world to someone else.*

— Katie A.



*When you give you get. When you give to an individual or to a community, a sense of pride and goodwill and true citizenship is what your heart gets in return. And that feeling is something special.*

— Royal T.

