



SOLUTIONS FOR CAREGIVERS

EXTRA SUPPORT FOR THOSE WHO TAKE CARE OF OTHERS

When you're dedicating time and energy to provide care for another, sometimes you could use some extra support. Solutions for Caregivers from UnitedHealthcare® can help. At no additional cost, our services can help support you if you care for others.



Professional care manager

Get helpful advice and decision-making support from someone who understands the rewards and hardship of being a caregiver.



On-site assessments

Have a registered nurse perform an in-person assessment of the situation.



Personalized care plans

The Solutions for Caregivers care manager will provide recommendations on resources to help all involved.



Coordination of services

Get assistance to find services and programs to help meet your needs.

Note: We provide resources and coordination, but we do not pay for in-home care, supportive services or perform medical treatments.

Do you need extra help?

If you find yourself asking the questions below, this service could help you get the answers.

- What services does my loved one need?
- What services does my loved one's health care cover?
- Is there help for someone in my situation?
- Can I get help to pay for services?
- What community resources are available to me?
- Is my loved one safe in their home?



If you or someone you know needs support, call us at **1-866-896-1895**, TTY **711**, 24 hours a day, 7 days a week.



Access educational resources, discounted products and services anytime online at www.UHCforCaregivers.com/welcome/uhcretiree. Please use code **uhcretiree** when creating an account. Explore myCommunity, a helpful task and calendar tool to manage support and care.

Solutions for Caregivers assists in coordinating community and in-home resources. The final decision about your care arrangements must be made by you. In addition, the quality of a particular provider must be solely determined and monitored by you. Information provided to you about a particular provider does not imply and is in no way an endorsement of that particular provider by Solutions for Caregivers. The information on and the selection of a particular provider has been supplied by the provider and is subject to change without written consent of Solutions for Caregivers.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

UnitedHealthcare Insurance Company complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-814-6894 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-814-6894 (TTY: 711).