

From: [HR-Benefit Services](#)
To: [PAR Contacts](#)
Subject: Flu Shot Information - please distribute
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For distribution -----

As a reminder, any City employee enrolled on a City medical plan, along with any dependents also enrolled on the plan, may receive a flu shot from their provider **for free**.

Kaiser Permanente has [updated their website](#) with information on how to receive a flu shot at Sacramento area Kaiser facilities. Some facilities are offering walk-up and drive-up options. Check the website for detailed information by Kaiser facility.

Sutter Health Plus members should visit the [Sutter Health Plus website](#) for more information about flu shots or to [find a walk-in clinic](#) in your area offering flu shots.

Western Health Advantage members should contact [their medical group](#) for more information on flu shots and available walk-in flu shot clinics.

Due to COVID-19, the Human Resources Department will not be able to host onsite benefit fairs or flu shot clinics this year during Open Enrollment.

[Benefit Services Division](#)

Department of Human Resources
915 I Street, HCH, Plaza Level
Phone: 916-808-5665
Office Hours: Monday-Friday, 8:00am-5:00pm

2021 Open Enrollment is October 5-30. Visit the [Benefit Services webpage](#) for information about 2021 benefits and health plan rates. All health plan options will remain the same for 2021. Be sure to re-enroll in FSA or DCAP during Open Enrollment if you wish to continue these elections in 2021.