

From: [City Public Information](#)
To: [City Public Information](#)
Subject: 2022 Open Enrollment is Monday, Oct. 4, through Friday, Oct. 29, 2021
Date: Wednesday, September 29, 2021 4:37:20 PM

2022 Open Enrollment is Monday, Oct. 4, through Friday, Oct. 29, 2021

Open Enrollment is the annual period when employees can enroll in, change, or drop health plans, add or remove covered dependents, and re-enroll in Flexible Spending or the Dependent Care Assistance program.

All benefit eligible employees should review the [2022 Open Enrollment Memo](#) for important information about Open Enrollment, including deadlines, requirements, and rules for re-enrolling in Flexible Spending Accounts and the Dependent Care Assistance Program if you want these benefits to continue in 2022.

Complete your changes by October 29, 2021, by logging into [eCAPS](#) from any internet connection.

Open Enrollment information is available on the [Benefit Services](#) webpage.

Resources available online include:

- [2022 Employee Benefits Handbook](#)
- [2022 Rate Sheets](#) – review health premiums and contributions by labor group
- [Book an appointment](#) with a Benefit Services team member for one-on-one assistance
- Copies of all communications sent to employees
- Open Enrollment videos to assist with questions or enrollment

For assistance with Open Enrollment, email openenrollment@cityofsacramento.org.

Visit the [Benefit Services webpage](#) for more information.