

# OCTOBER NEWSLETTER

[WWW.SACVOLUNTEERS.ORG](http://WWW.SACVOLUNTEERS.ORG)



## Riding for Tidings

**Making Spirits Cozy & Bright**

### FEATURED ARTICLE

#### RIDING FOR TIDINGS

2020 has been a challenging year for so many of our friends and neighbors. Paratransit, Inc. has been fortunate enough to work with many great local service providers to help support local residents who need assistance such as the Great Plates Delivered program and boxed meal distributions with Sacramento Food Bank and Family Services while sheltering in place during COVID-19. The team at Paratransit felt inspired to come up with new means to help spread cheer during this holiday season. Riding for Tidings was created to collect items that will bring warmth and coziness right into the homes of local seniors who may be experiencing feelings of isolation and confinement during the pandemic. From 9/28/20 - 11/30/20, we will be collecting donation items and delivering special care packages to area seniors in early December. Items for donation can be dropped off at 2501 Florin Road, Sacramento between the hours of 9am - 4pm, Monday - Friday, or at one of our partner sites which can be found at [ridingfortidings.org](http://ridingfortidings.org).

# CITY OF SACRAMENTO

# Volunteer Program



## **GREAT PLATES DELIVERED**

Great Plates Delivered Volunteers - Help deliver restaurant prepared food to home-bound seniors. Volunteers will ride with a driver from Paratransit, United Cerebral Palsy or RT and will disembark from the bus to carry meals to the door of seniors' residences. The volunteer will knock and drop the meals and return to the bus to ride to the next location. Scheduled deliveries will be done 5 days a week (Monday - Friday) during the daytime. Volunteers need to be between 18-64, in good health, willing to follow safety instructions, and willing to wear personal protective masks and gloves. Schedules will be daily from 9:30 am to 2:30 pm and 2:30 pm to 4:30 pm. This program will continue through August. Please apply online at <https://bit.ly/2RPPkoZ>

**RUN TO FEED  
THE HUNGRY**



# FEED SACRAMENTO FROM HOME

REGISTER TODAY @ [WWW.RUNTOFEEDTHEHUNGRY.COM](http://WWW.RUNTOFEEDTHEHUNGRY.COM)

## RUN TO FEED THE HUNGRY

Run to Feed the Hungry 2020 will be a virtual event. This new platform will give those who have not had a chance to participate in the race before, an opportunity to do so. The importance of continuing this race is paramount to SFBFS as an organization - to be able to keep the Sacramento community fed and their general operations sustainable. By registering, you will receive your participant tee shirt, custom bib number, recording of your 5k or 10k time in the official event results and the chance to go all-in for Sacramento. For more information visit the Run to Feed the Hungry site here: <http://www.runtofeedthehungry.com/>



## FRONT STREET ANIMAL SHELTER

The Front Street Animal Shelter is always looking for volunteers who want to help our animals find their new forever homes. We couldn't do it without our committed volunteers! You can be involved in a variety of different ways: helping with morning cleaning, the pet food pantry, training the dogs, socializing the cats, fostering animals, special projects, fundraisers and events, and much more! We have two basic types of volunteers - In-shelter volunteers, and Foster-care volunteers. To learn more, visit: <http://www.cityofsacramento.org/Community-Development/Animal-Care/Volunteer>

Front Street  
Animal Shelter



# Youth Resources



## YOUTH LINK

Sacramento Youth - This one's for you! Check out Youth Link Sacramento for a "one-stop shop" for resources, programs, services and online support for young people. Youth Link has two main goals to best serve you and your family. As the community need for Goal 1 decreases, Goal 2 will ramp up: Goal #1: We will strive to promote virtual Sacramento youth programs and activities, as well as COVID-19 resources for youth and the adult allies that support them Goal #2: We will lift up Sacramento youth organizations to help make their services easier to locate, so that youth and their communities can come together stronger. [Youthlinksac.org](http://Youthlinksac.org)

**Youth Link**

Your go-to resource for virtual youth programs, services & assistance in Sacramento.

[youthlinksac.org](http://youthlinksac.org)

City of SACRAMENTO  
COVID-19 RESPONSE



## YOUTH ACTION CORPS

Councilmember Ashby established the Youth Action Corps (Parks Leadership Academy for Youth (PLAY) and The Youth Crew) in District 1. YAC engages youth in park cleanups, Events such as; festivals, Movies in the Park, First Fridays, Santa in Natomas, Helicopter Easter Egg Drop, the completion of class projects, provides leadership opportunities, employment preparation workshops, financial literacy classes, and youth symposiums. YAC participants are connected directly with job and internship opportunities. The YAC program has received statewide recognition for its efforts in engaging youth across the Natomas community to apply, visit:

<https://www.angeliqueashby.com/youth-action-corps>