YOU’LL NEED:

- cardboard tube (from a roll of toilet paper, paper towel or gift wrap)
- Duck Brand Duct Tape (I just LOVE this stuff!)
- scissors

MAKING YOUR BRACELETS:

Simply wrap the Duct Tape around your cardboard tube two or three times to make it nice and sturdy.

If you’re making more than one bracelet, you can do what I did here.

I wrapped the tape for 3 bracelets on one cardboard kitchen roll.
Then I snipped through the roll to separate the bracelets. I trimmed up any loose bits of tape along the edges of the bracelets.

The final step was to slice long-ways through up the tube so it could be opened up and worn on the wrist.