

LIFEGUARD WORKSHOP & SCHOLARSHIP DAY



March 9 & April 7



9:00 am-2:00 pm

Pannell Meadowview Pool

2450 Meadowview Rd, Sacramento, CA 95832

Interested in learning about lifeguarding?

We will have an open session in our pool with lifeguard instructors offering tips and pointers for lifeguard swimming skills. We'll also be on hand to answer questions about working as a lifeguard and our upcoming trainings from 12:00-12:30 pm.

Lifeguard Class Scholarship!

For people with financial need and a drive to become a lifeguard for the City of Sacramento, we offer a scholarship program that can subsidize up to the entire cost of a lifeguard class. The scholarship application process includes a brief water portion to demonstrate comfort level in the water, an interview with aquatic staff, and a short application. Come to our workshop from 9:00 am to 12:30 pm to get pointers and work with Aquatic staff preparing applicants for the water test. We will be conducting the water portion of the test at 12:30 pm followed by the interviews and paper applications. Please bring a towel, swimming goggles, and proper swimming attire.