

Life Jacket Safety

Life Jackets Save Lives

Use this checklist to help find the right fit!

Check the Label

Life Jackets should be:

- Coast Guard Approved
- Proper size for intended user
- Appropriate for water activity

Inspect Your Vest

Life Jackets should be:

- In good condition
- No rips
- No broken buckles
- No missing or torn straps



Try It On

- Fasten all buckles and zippers
- Pull up on life jacket from arm openings
- Check for extra room around openings

Fit for Fun

*Life Jackets should be:
snug and comfortable*

- **TOO BIG:** if life jacket rides above face or chin
- **TOO SMALL:** if zippers or buckles do not close properly



Wear It!

Life jackets only work when we wear them. Protect yourself and your family by wearing a life jacket when on open water. Take the time to be prepared.

Learn More:

[Division of Boating and Waterways](#)

[Sacramento Fire Department](#)

[Safe Boating Campaign](#)

[U.S. Coast Guard](#)

In the city of Sacramento, it is illegal for any person under the age of 13 to enter a public water way without an approved life preserver.

• City Code 12.72.50, County Code 13.08.31 •