

"COOKING CORNER"

Omelet in a Bag

Ingredients:

2 - 3 eggs

1 tablespoon chopped green onion

2 slices ham, chopped

2 tablespoons shredded cheddar cheese

1 pinch salt and pepper

Desired ingredients (items must be fully cooked in advance)

DIRECTIONS:

Whisk eggs together

Add eggs and all ingredients to a *Ziploc Zip'n Steam Microwave cooking bag.

*the zip lock can be any quality gall size bag

Place in microwave for 2-1/2 minutes

Remove omelet from bag. Allow to cool before serving.

