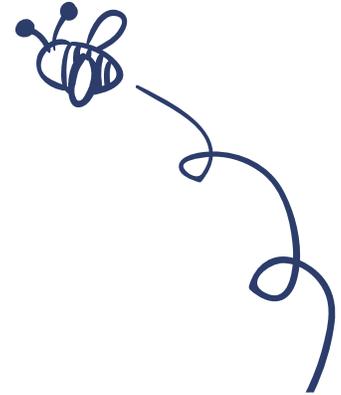


## ADULT/SENIOR ACTIVITIES

# PRESSED HERB CANDLE

### WHAT YOU'LL NEED:

- Mason jar
- Beeswax or any candle wax
- A wick
- Dry pressed herbs or flowers
- Double boiler



### HOW TO:

Use a double boiler to melt your wax. Dip your pressed herbs in wax and adhere them to the inside of the jar. Adhere the wick to the bottom of the jar with melted wax. Use something to hold the wick at the top of the jar such as a stick, spoon, etc. Pour your wax into the jar, let harden and enjoy your fresh smelling candle.

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