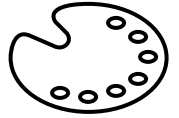




# City of SACRAMENTO



Youth, Parks, & Community Enrichment



Community programs for young adults and adults with intellectual and/ or developmental disabilities.

## March 2023

**Notes about Covid policies:** The City will continue to adhere to local health guidelines regarding COVID-19 safety. As of the date this calendar was published, **masks will be optional for our indoor activities at the Hart Senior Center. Masks are optional for our other activities.** If you have had any symptoms of Covid-19 or have been exposed to Covid-19, please plan to stay home. We can always work with you to provide a refund if needed. We appreciate your understanding. If you are dropping participants off, please plan to stay until the health screen has been completed.

Program	Date & Time	Location	Important Program Details
<p><b>Yoga</b> Join us for an evening of calm Yoga. Great for all abilities (seated Yoga is an option). Mats are provided for those who do not bring their own. <b>March 8<sup>th</sup>: Activity #22412</b> <b>March 22<sup>nd</sup> Activity#22413</b></p>	<p>Wednesday, March 8<sup>th</sup> &amp; 22<sup>nd</sup> 5:30pm – 6:30pm</p> <p><i>Registration is required for both dates.</i></p> <p><b>Check in as early as 5:15pm both days.</b></p>	<p>Hart Senior Center 915 27<sup>th</sup> Street, Sacramento, CA 95816</p>	<p>March 8<sup>th</sup>: \$5 per person, <a href="#">Click or tap here to register</a> Last day to register: 3/5/23</p> <p>March 22<sup>nd</sup> \$5 per person, <a href="#">Click or tap here to register</a> Last day to register: 3/19/23</p>
<p><b>Bingo</b> Join us for an evening of fun, treats, &amp; Bingo! Beverages, snacks, &amp; Bingo prizes will be provided. <b>Activity #22414</b></p>	<p>Wednesday, March 15<sup>th</sup> 6:30pm – 8:30pm</p>	<p>Hart Senior Center 915 27<sup>th</sup> Street, Sacramento, CA 95816</p>	<p>March 15<sup>th</sup> \$8.00 per person, <a href="#">Click or tap here to register</a> Last day to register: 3/12/23</p>
<p><b>St. Patrick's Day Dinner &amp; Dance</b> Come celebrate St. Patrick's Day with Access Leisure. We welcome back the St. Patrick's dinner and Dance. <b>Activity #22417</b></p>	<p>Saturday, March 18<sup>th</sup> 6:30pm – 8:30pm</p>	<p>Hart Senior Center 915 27<sup>th</sup> Street, Sacramento, CA 95816</p>	<p>March 18<sup>th</sup> \$22.00 per person, <a href="#">Click or tap here to register</a> Last day to register: 3/15/23</p> 
<p><b>Paint &amp; Sip</b> Paint &amp; Sip is the perfect place for a great evening with friends. A little paint, a drink of choice, and a whole lot of fun! Access leisure will provide all materials and beverages. <b>Activity #22415</b></p>	<p>Wednesday, March 29<sup>th</sup> 6:30pm - 8:00pm</p>	<p>Hart Senior Center 915 27<sup>th</sup> Street, Sacramento, CA 95816</p>	<p>March 29<sup>th</sup> \$15.00 per person, <a href="#">Click or tap here to register</a> Last day to register: 3/26/23</p> 

Online registration is the most efficient way to register for these programs. The links are in each row listed above (in the 4<sup>th</sup> column, under "Important Program Details").

**If you are unable to register online, here are some additional options:**

To register, please fill out the following form completely and send it in with your check payment. If the program is full when we receive your check, we will contact you directly to let you know.

Pay by card on the phone: (916) 808-7970.

**\*NOTE: If you need more room to list full names, please attach a separate piece of paper.**

Name(s) \_\_\_\_\_ Age \_\_\_\_\_ M/F \_\_\_\_\_ Number Attending \_\_\_\_\_

**Current Address** \_\_\_\_\_

Care Home/Facility (if applicable) \_\_\_\_\_ Email \_\_\_\_\_

**Current Phone Numbers:**

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Emergency # \_\_\_\_\_

Support Needs (wheelchair, meds, dietary, etc.) \_\_\_\_\_

<input checked="" type="checkbox"/>	Program and Date	Cost	# of People Attending	Total	Activity #
	Yoga (3/8)	\$5.00	#	= \$	22412
	Yoga (3/22)	\$5.00	#	= \$	22413
	Bingo (3/15)	\$8.00	#	= \$	22414
	St. Patrick's Day Dinner and Dance (3/18)	\$22.00	#	= \$	22417
	Paint & Sip (3/29)	\$15.00	#	= \$	22415
	February Monthly Zoom Calendar	\$15.00	#	= \$	22416

**If using a Visa or Mastercard please indicate the following:**

Name on Card being used: \_\_\_\_\_

Visa or Master Card # \_\_\_\_\_ Exp. date \_\_\_\_\_

**Total Amount Enclosed (or Charged) = \$ \_\_\_\_\_**

**\*OFFICE USE ONLY:**

Processing Date: \_\_\_\_\_ Payment Form: \_\_\_\_\_ Check/MO# \_\_\_\_\_ Payment Amount: \_\_\_\_\_

**Make checks payable to: City of Sacramento**

**Registrations and payments (check & Master Card or Visa) can be sent to:**

Belle Coolegge Community Center, 5699 S. Land Park Drive, Sacramento, CA 95822 Attn: Access Leisure

**In-Person Registration:**

Coloma Community Center, 4623 T Street, Sacramento, CA 95816 (Monday – Thursday, 9am-4pm)

Pannell Meadowview Community Center, 2450 Meadowview Road, Sacramento, CA 95832 (Monday – Friday, 9am-6pm)

South Natomas Community Center, 2921 Truxel Road, Sacramento, CA 95833 (Monday – Thursday, 9am-4pm)

**Registrations must be received 3 days prior to the event date.**

1. Be aware that mailing in registrations does *not* guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.
5. Events costing \$10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.

**If you have questions, contact Sy Vue at (916) 808-7970 or [svue1@cityofsacramento.org](mailto:svue1@cityofsacramento.org).**

**Community Notes**

- For adult programs or volunteer opportunities, contact Sy Vue: [svue1@cityofsacramento.org](mailto:svue1@cityofsacramento.org).
- For Adaptive Sports, contact Kou Yang: [KYang2@cityofsacramento.org](mailto:KYang2@cityofsacramento.org).
- For youth & teen programs, contact Paige Domgaard: [PDomgaard@cityofsacramento.org](mailto:PDomgaard@cityofsacramento.org).