



Hello from the City of Sacramento! This pamphlet provides a list of resources that may be useful to you. The City does not guarantee that that you will be eligible for these resources. If you require assistance feel free to call the Great Plates hotline at 916-808-8848.

## **Welfare Checks, Domestic Violence, and Elder Abuse Resources**

### **Sacramento County Adult Protective Services (APS)**

APS is a state mandated program dedicated to helping elder adults (65 years and older) and dependent adults (18-64 who are disabled) when these adults are unable to meet their own needs, or are victims of abuse, neglect, or exploitation. APS investigates reports of abuse of elders and dependent adults who live in private homes, apartments, hotels, or hospitals.

Contact:

3701 Branch Center Rd, Sacramento, CA 95827

Phone: (916) 874-9377 [24-Hour Hotline]

### **Regional Family Justice Center**

The Sacramento Regional Family Justice Center (FJC) provides a variety of services to assist victims of human trafficking, domestic violence, and other forms of abuse. They can help victims file reports, file restraining orders, find safe housing, and get a court advocate among many other services.

Contact:

Family Court House, Room 112

3341 Power Inn Road, Sacramento CA 95826

Phone: 916.875.HOPE (4673)

Email: [info@HopeThrivesHere.org](mailto:info@HopeThrivesHere.org)

### **WEAVE**

WEAVE provides support services for victims of sexual assault, domestic violence, and human trafficking. Services include legal assistance, counseling, and shelter.

Contact:

WEAVE Support Line: 916-920-2952

In case of an emergency, call 911.

## **In-Home Support Services**

There are a variety of options for in-home support services, including both government operated and private nonprofit options.

### **Sacramento County In-Home Support Services**

Must be eligible for Medi Cal to apply.

Contact:

Office Hours: 8:00 AM – 5:00 PM (Except Weekends)

3700 Branch Center Road, Suite A, Sacramento, CA 95827

Phone: (916) 874-2888

Email: [HHS-PA@Saccounty.net](mailto:HHS-PA@Saccounty.net)

### **Eskaton**

Eskaton is a nonprofit that provides a variety of services including in home support services and assisted living facilities. Call or email for a consultation.

Contact:

24 Hours of Operation

1640 Eskaton Loop Roseville, CA 95747

Phone: (866) 375-2866

Email: [Resources@eskaton.org](mailto:Resources@eskaton.org)

### **Right At Home**

Right At Home is a nonprofit that provides a spectrum of in home support services for a subsidized fee.

Contact:

24 Hours of Operation

3840 Rosin Ct #170, Sacramento, CA 95834

Phone: (916) 779-0601

## **Pet Food Assistance**

### **SSPCA Paw Pantry**

On Tuesdays and Fridays 9AM-11AM, the SSPCA operates a drive-thru pet food distribution. All pet owners in need can come to the drive.

6201 Florin Perkins Road, Sacramento, CA 95828

Phone: (916) 383-7387

Website: <https://www.sspca.org>

## **Housing Assistance**

SHRA and Sacramento Steps Forward provides housing assistance for people who are homeless and are at risk of homelessness. The City of Sacramento Tenant Protection Program and the Renters Helpline inform tenants of their rights, and provide services related to rent payment, landlord-tenant disputes, and eviction.

### **Sacramento Housing and Redevelopment Agency (SHRA)**

Contact:

Housing Choice Voucher (Section 8) Program – Customer Service/Application Information  
630 I Street, Sacramento, CA 95814

Phone: (916) 440-1390

Public Housing Program – Customer Service/Application Information

630 I Street, Sacramento, CA 95814

Phone: (916) 440-1390

### **Sacramento Steps Forward**

Contact:

Hours of Operation: 9:00 AM – 5:00 PM (Except Weekends)

2150 River Plaza Dr Suite 385, Sacramento, CA 95833

Phone: 211

### **City of Sacramento Tenant Protection Program**

Contact:

Hours of Operation: 8:00 AM – 5:00 PM (Except Weekends)

Phone: (916) 808-8121

Email: [tpp@cityofsacramento.org](mailto:tpp@cityofsacramento.org)

### **Renter's Helpline**

Contact:

Hours of Operation: 8:30 AM – 5:00 PM (Except Weekends)

Phone: (916) 389-7877

<https://www.rentershelpline.org/en/>

## **Legal Assistance**

### **Legal Services of Northern California**

LSNC provides a variety of services pro bono, or for subsidized fees. Services provided range from preservation of housing, health care, enhancing economic stability, supporting family stability, civil rights, education, and serving populations with special vulnerabilities.

Contact:

Hours of Operation: 8:30 AM – 12:00 PM, 1:00 PM – 5 PM (Except Weekends)

515 12<sup>th</sup> Street, Sacramento, CA 95814

Phone: (916) 551-2150

### **Sacramento Family Unity, Education, and Legal Network for Immigrants (FUEL Network)**

The FUEL Network is a coalition of community organizations that provide a variety of services for immigrant families.

Contact:

Hours of Operation: 8:00 AM – 5:00 PM (Except Weekends)

2093 Arena Blvd, Sacramento, CA 95834 (Consulate General of Mexico)

Phone: (916) 329-8669

Email: [info@sacfuelnetwork.org](mailto:info@sacfuelnetwork.org)

### **Food Access Support & Resources**

#### **Cal Fresh**

Cal Fresh is a state program that allows eligible participants to buy healthy food items at certain grocery stores using an EBT card.

Contact:

Hours of Operation: 8:00 AM – 5:00 PM

744 P Street #6400, Sacramento CA 95814

Website: [GetCalFresh.org](http://GetCalFresh.org)

Phone (Application Line): 1-877-847-3663

Phone (General Line): (800 952-5253)

#### **211 Sacramento**

211 Sacramento is a referral service that helps individuals connect with food and housing assistance services in the Sacramento area.

Contact:

24 Hours of Operation

Phone: 211

Email: [info@211sacramento.org](mailto:info@211sacramento.org)

Website: <http://www.211sacramento.org>

#### **Sacramento Food Bank and Family Services (SFBFS)**

SFBFS works with over a hundred different food distribution organizations throughout the Sacramento area. Food distributions are held weekly. Any resident in need can go to a distribution to get food.

Contact:

Website: <https://www.sacramentofoodbank.org/find-food>

Phone: (916) 456-1980

## **Meals on Wheels by ACC**

Meals on Wheels provides meal deliveries to seniors who are 60 years of age or older. Meals on Wheels also provides congregate dining for seniors who are 60 years of age or older. Please keep in mind that there is limited capacity for meal deliveries, so Meals on Wheels determines admittance into the program based on priority of need.

To apply for Meals on Wheels, please fill out the placement survey.

## **Vaccination Services and Information**

### **Sacramento County Department of Health**

Everyone 16 years of age and older are eligible to receive the COVID-19 vaccine. Specific vaccination clinics may have their own eligibility requirements. To find a vaccine clinic that you are eligible for, please call the Sacramento County Department of Public Health at (916) 875-2400.

## **City of Sacramento Community Centers**

Many community centers are available throughout the City of Sacramento that provide many resources and activities to Sacramento residents, ranging from fitness, art, dance, games, to a library, writing/reading groups, performing arts classes, swimming pool accessibility, classes and more.

Community Centers Virtual Recreation and Resource Center Website

<http://www.cityofsacramento.org/parksandrec/community-centers>

### **Belle Cooleage Community Center**

Address: 5600 S Land Park Drive, Sacramento CA 95822

Phone: (916) 808-5610

Hours of Operation

Tuesday, Thursday, Friday, Sunday: 11:30 AM – 5:00 PM

Monday, Wednesday, Saturday: Closed

### **Oak Park Community Center**

Address: 3425 Martin Luther King Jr Blvd, Sacramento, CA, 95817

Phone: (916) 808-6151

Hours of Operation

Monday-Friday: 10:00am-8:00pm

Saturday: 9:00am-3:00pm

### **South Natomas Community Center**

Address: 2921 Truxel Rd, Sacramento, CA, 95833

Phone: (916) 808-1571

Hours of Operation:

Monday-Thursday: 8:30am-8:00pm

Friday: 9:00am-8:00pm

Saturday: 10:00am-3:00pm

### **George Sim Community Center**

Address: 6207 Logan St, Sacramento, 95824

Phone: (916) 808-3761

Hours of Operation:

Monday-Friday: 10:00am-8:00pm

### **Johnston Community Center**

Address: 231 Eleanor Avenue, Sacramento CA 95814

Phone: (916) 927-7694

Hours of Operation

Everyday 9:00 AM – 5:00 PM

### **Hart Senior Center**

Address: 915 27<sup>th</sup> Street, Sacramento CA 95816

Phone: (916) 808-5462

Hours of Operation

Monday-Friday: 8:00 AM – 5:00 PM

Saturday: 9:30 AM – 1:00 PM

Sunday: 12:30 PM – 3:00 PM

### **Club Refresh at Woodlake School**

Address: 700 Southgate Road, Sacramento, CA 95815

Phone: (916) 808-6475

Hours of Operation

Monday, Tuesday, and Thursday: 9:00 AM- 3:30 PM

### **South Hills Center**

Address: 5962 South Land Park Drive, Sacramento, CA 95822

Phone: (916) 808-4003

Hours of Operation

Monday-Friday 7:30 AM – 6:00 PM

## **Transportation Services**

### **Sacramento Regional Transit GO Paratransit**

Sac RT offers paratransit services to eligible seniors. To apply for paratransit services, call (916) 557-4685.