# ACCESS LEISURE
Community programs for young adults and adults with intellectual disabilities.

## NOVEMBER 2019

### Program | Date & Time | Location | Important Program Details
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**Lunch & Cinema**
Come and enjoy a day out to the movies and lunch with friends. Several food choices available in the market place venue. Course #12489
Saturday, November 2<sup>nd</sup>
11:00am – 3:30pm
Time may change Depending on Movie times.
UA Market Palace
1739 Arden Way
Sacramento, Ca
95815
Drop off & pick up: Meet at the back of the complex
Registration fee (paid in advance): $8.00
Additional Cost: • $7.00 for movie • $10.00 for lunch

**Evening Social and Scrapbooking**
Enjoy a light dinner and scrapbooking with friends. Bring pictures!
Course #12490
Monday, November 4<sup>th</sup>
6:00pm – 8:30pm
Hart Senior Center
915 27th St.,
Sacramento, Ca
95816
Registration fee (paid in advance): $8.00

**Get Fit Club**
Come join us for a Yoga Experience Starting back in November and going through January. Limited class size. Namaste
Course #12492
Thursday, November 7<sup>th</sup>
6:30pm – 7:30pm
Thursday, November 21<sup>st</sup>
6:30pm – 7:30pm
Redwood Room
Hart Senior Center
915 27th St.,
Sacramento, Ca
95816
Registration fee (paid in advance): $10.00
Yoga mats and instruction provided

**Paint & Sip**
A little paint, a fun beverage and a whole lot of fun! Painting with a Twist is the perfect place for a great evening out with friends.
Course #12494
Wednesday, November 13<sup>th</sup>
6:00pm - 8:30pm
Hart Senior Center
915 27th St.,
Sacramento, Ca
95816
Registration fee (paid in advance): $12.00

**Thanksgiving Dinner & Dance**
Thanksgiving Dinner will be catered by Hickory Hank, we will be serving a traditional Thanksgiving dinner and then dancing the evening away.
Course #12495
Saturday, November 16<sup>th</sup>
6:00pm - 9:00pm
Redwood East Room
Hart Senior Center
915 27th St.,
Sacramento, Ca
95816
Registration fee (paid in advance): $10.00

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To register, please fill out the following form completely and send it in with your payment.
*NOTE: If you need more room to list full names, please attach a separate piece of paper.*
Name(s)___________________________________________   D.O.B./Age _____ M/F _____ Number Attending_____

Current Address ________________________________________________________________

Care Home/Facility (if applicable) ______________________________ Email ___________________________

Current Phone Numbers:
Home # __________________________ Cell # __________________________ Emergency #______________________________

Special Needs (wheelchair, seizures, dietary, etc.)  ______________________________________________________________
__________________________________________________________________________________________________________________________________________

<table>
<thead>
<tr>
<th>Program and Date</th>
<th>Cost</th>
<th># of People Attending</th>
<th>Total</th>
<th>Course #</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lunch &amp; Cinema (11/2)</td>
<td>$8.00</td>
<td>#</td>
<td>= $</td>
<td>Course #12489</td>
</tr>
<tr>
<td>Evening Social and Scrapbooking (11/4)</td>
<td>$8.00</td>
<td>#</td>
<td>= $</td>
<td>Course #12490</td>
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<tr>
<td>Get Fit Yoga (11/7) &amp; (11/21)</td>
<td>$10.00</td>
<td>#</td>
<td>= $</td>
<td>Course #12492</td>
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<tr>
<td>Paint and Sip (11/13)</td>
<td>$12.00</td>
<td>#</td>
<td>= $</td>
<td>Course #12494</td>
</tr>
<tr>
<td>Thanksgiving Dinner &amp; Dance (11/16)</td>
<td>$10.00</td>
<td>#</td>
<td>= $</td>
<td>Course #12495</td>
</tr>
</tbody>
</table>

If using a Visa or Mastercard please indicate the following:
Name on Card being used: _________________________________________
Visa or Master Card # __________________________________________ Exp. date ______________

Total Amount Enclosed (or Charged) = $ ____________

*OFFICE USE ONLY:
Processing Date: ___________   Payment Form: ______________ Check/MO# ______________ Payment Amount: ______________

Make checks payable to: City of Sacramento
Registrations and payments (check, money order, & Master Card or Visa) can be sent to Coloma Community Center
4623 T Street, Suite B, Sacramento, CA 95819   Attn: Access Leisure

Registrations must be received 3 days prior to the event date.
1. Be aware that mailing in registrations does not guarantee acceptance into the program.
2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.
3. If you are a rider of Paratransit and you have a pick-up time later than thirty minutes after the scheduled end of
the program, we ask you to find an alternative means home.
4. We are unable to administer medication during program hours. Participants must be able to take own meds or
have an attendant provided to assist them.
5. Events costing $10 or more, personal assistants will need to cover the program fees.
6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.
7. Any checks written less than 30 days in advance of the event, may delay refunds.

If you have questions, contact Jenny Yarrow at 916-808-6017 or jyarrow@cityof sacramento.org

If you wish to register in person for our programs, there are 3 locations. Call for hours as they vary.
• Coloma Community Center, 4623 T Street, Sacramento, CA. 95819; 916-808-6060
• Pannell Community Center, 2450 Meadowview Road, Sacramento, CA. 95832; 916-808-6680
• Natomas Community Center, 2921 Truxel Road, Sacramento, CA. 95833; 916-808-1571

Community Notes

Keep an eye out for Winter Camp Registration! S.N.O.W. Camp and Camp C.O.O.L. coming in 2020

“Rock N’ Bowl” program will be starting September 11th. Bowling Tournament League paid directly to the
Bowling Alley. Times vary, located at Country Club Bowling Center, 2600-Watt Avenue, Sacramento, ca
If you have any questions or concerns, please contact Country Club Bowling Center Phone: 916-483-5105

“Pin Pals” program starting in September and going through May of 2020, located at Land Park Bowling Center